



Bude



Lifeboat Run

Junior



Held under
UKA Rules
UKA Licence
No 2017-26697

Sponsored by



outdooradventure.co.uk

With kind support from



Wednesday 14th June 2017 at 6.30pm

A 1 mile race for all aged 15 and under, around cycleway, canal towpath and playing fields

Includes Senior 6 Mile Race at 7.15pm for age 15 and above
Entry forms, online entry and information at www.buderats.co.uk
www.facebook.com/budelifeboarun



CLOSING DATE FOR ENTRIES: 6.00pm Monday 12th June 2017
NO ENTRIES ACCEPTED AFTER THIS DATE AND NO ENTRIES ON THE DAY



- Location:** Start and Finish from Bude Rugby Club, Bencoolen Meadow, Bude EX23 8QG
Fully marshalled by RNLI supporters
Changing, Showers, Bag storage, BBQ
Numbers to be collected from Race HQ on Race Day
Race limited to 250 runners, enter early to avoid disappointment
- Car Parking** **No Parking at Rugby Club.** Parking provided at the Crescent car park by Bude TIC



- Race Awards** First 3 Male and First 3 Female finishers:
- | | |
|-----------------------|-----------------------|
| School Years: 2&Under | School Years: 3&4 |
| School Years: 5&6 | School Years: 7&Above |



Schools Trophy to be awarded to the School with the most entries

Finishers Medal to all finishers

Online Entries £4.00 Go to www.buderats.co.uk

Postal Entries £4.00 Completed entry form and £4 fee payable to 'RNLI' before 6.00pm 12th June 2017 to:
Race Director, 18A Stapleton Road, Bude, Cornwall EX23 8TS Tel 01288 352884
For all enquiries please email: budelifeboarun@yahoo.co.uk



BUDE LIFEBOAT JUNIOR RUN 2017 - Entry form for postal entries only

If you would prefer to enter and pay online you can do so via the website www.buderats.co.uk By entering online you will receive an immediate confirmation of entry.

First Name _____ Surname _____ Male / Female

Address _____ Post Code _____

School _____ School Year _____ Date of Birth _____

E-mail Address _____ Telephone _____

I am happy to be emailed by Bude Lifeboat Run about future BLR information, race dates and results

If you would like a RNLI sponsor form please tick here

DATA PROTECTION: The information you supply will be used solely for the purpose of race results, information and identification for health and safety reasons. The information will only be available to the members of the results team and appropriate race officials and will not be passed to any other persons or agencies.
DECLARATION I declare that the above entrant is medically fit to run this event, will abide by England Athletic Rules and will in no way hold the organisers responsible for injury, accident or loss of property resulting from participation in this event.

Signed (Parent/Guardian) _____ Date _____