



## Bidford 10K 17th May, 2009

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Raising funds for Childrens Hospice South West**

Pos	No.	First Name	Surname	Club	Cat	Time	Cat Pos
1	445	Steven	Gallienne	Bidford AAC	M20	32 24	1
2	549	John	Ward	Bidford AAC	M40	32 35	1
3	500	Mark	Jenkin	Bidford AAC	SM	32 43	1
4	42	Andrew	Medland	Bude RATS	SM	33 51	2
5	3	Dan	Mapp	Bidford AAC	M20	34 10	2
6	44	Shaun	Antell	Unattached	SM	34 31	3
7	383	Mark	Cowen	Exeter Harriers	SM	34 40	4
8	462	Kerry	Roberts	Tiverton Harriers	M45	34 41	1
9	452	Peter	Hockin	Bidford AAC	M45	34 47	2
10	395	David	Hawes	Unattached	SM	35 32	5
11	283	Simon	Edney	North Devon Triathletes	M50	35 32	1
12	468	Steve	Heard	Bidford AAC	SM	35 48	6
13	149	Brennan	Townshend	Tavistock AC	M20	35 49	3
14	467	Martin	Colwill	Bidford AAC	M40	35 52	2
15	343	Neil	Barkell	Tavistock AC	SM	35 54	7
16	75	Mark	Hayles	North Devon Road Runners	M45	36 00	3
17	119	Alan	Ryder	Erme Valley Harriers	M45	36 04	4
18	511	Shaun	Parkin	South West Road Runners	SM	36 09	8
19	483	Mitch	Barclay	Unattached	SM	36 12	9
20	529	John	Shapland	North Devon Road Runners	M55	36 15	1
21	227	Mike	Hansen	Erme Valley Harriers	M50	36 22	2
22	189	Alan	Walker	Tiverton Harriers	SM	36 28	10
23	154	Roger	Voaden	Okehampton Running Club	M40	36 34	3
24	310	Craig	Rice	Unattached	SM	36 58	11
25	323	Kevin	Reed	Unattached	SM	37 00	12
26	463	Nicholas	Einchcomb	South West Road Runners	M45	37 01	5
27	40	Jo	Meek	Winchester	SL	37 03	1
28	278	Keith	Shapland	North Devon Road Runners	SM	37 14	13
29	54	Kelvin	Turner	Bude RATS	M50	37 33	3
30	367	Maddy	Clarke	North Devon Road Runners	W40	37 40	1
31	144	Anthony	Lambert	Torrington AAC	SM	37 42	14
32	96	Barrie	Huxtable	Bidford AAC	SM	38 02	15
33	540	Jordan	Hewitt	Tiverton Harriers	M20	38 04	4
34	223	Gary	Suggate	Bidford AAC	SM	38 06	16
35	229	Chris	Sanders	North Devon Road Runners	SM	38 22	17
36	456	Paul	Cottle	Unattached	M40	38 28	4
37	539	Caroline	Hewitt	Tiverton Harriers	W45	38 33	1
38	286	Tony	Vesty	North Devon Road Runners	M45	38 51	6
39	439	Calvin	Leach	Unattached	SM	38 55	18
40	370	Jeff	Gregory	Tiverton Harriers	M45	38 57	7
41	192	Robin	Ewings	Tiverton Harriers	SM	39 02	19
42	490	Rob	Shaw	Bude RATS	M40	39 06	5
43	179	Simon	Goodman	South Molton Strugglers	SM	39 11	20
44	106	Ian	Snow	Torrington AAC	M55	39 18	2
45	489	Mike	Phillips	North Devon Road Runners	SM	39 22	21
46	419	Paul	Standen	Unattached	SM	39 30	22
47	482	Bob	O'Hanlon	Unattached	M40	39 35	6
48	247	Phil	Spencer	Tiverton Harriers	M40	39 45	7
49	30	Martin	Brace	Tiverton Harriers	M40	39 46	8
50	364	Tim	Felton	Tiverton Harriers	M55	39 51	3
51	186	Richard	Coombes	Unattached	M45	39 54	8
52	243	Nick	Percival	Unattached	M45	39 55	9
53	220	Andrew	Vernon	Unattached	M40	39 58	9
54	165	Jamie	Bond	Tiverton Harriers	M45	40 02	10
55	211	Mark	Gilbert	Bidford AAC	M50	40 03	4
56	522	Enrico	Richetto	GIO' 22 RIVERA	SM	40 11	23
57	83	Wayne	Van Rensburg	Bude RATS	SM	40 12	24
58	139	Steven	Vitali	Bidford AAC	SM	40 14	25
59	53	Sam	Latter	Bude RATS	M20	40 17	5

60	57 James	Woodhouse	Unattached	M40	40	24	10
61	135 Kenny	James	Unattached	M40	40	30	11
62	502 Andrew	Wollacott	North Devon Road Runners	M40	40	41	12
63	446 Chloe	Felton	Tiverton Harriers	SL	40	42	2
64	438 Mark	Hussell	Tiverton Harriers	SM	40	44	26
65	361 Seadhna	Wilson	Unattached	SM	40	45	27
66	141 Sean	Creely	Unattached	SM	40	55	28
67	399 Jim	Jennings	Torrington AAC	M55	40	57	4
68	260 Serane	Burd	Womens Running Network	SL	41	00	3
69	266 Stuart	Philps	Bideford AAC	M40	41	06	13
70	363 Tim	Jones	North Devon Road Runners	M55	41	11	5
71	326 Alicia	Leal	North Devon Road Runners	SL	41	16	4
72	184 Howard	Bidmead	Tiverton Harriers	M50	41	30	5
73	384 Andrew	Kennedy	Exmouth Harriers	M50	41	33	6
74	369 Tim	Theobald	Teignbridge Trotters	M50	41	35	7
75	353 Dave	Cole	Unattached	M50	41	36	8
76	475 Luke	Rigler	Bideford AAC	M20	41	37	6
77	352 Stephen	Sirdefield	Tiverton Harriers	M45	41	38	11
78	355 Alistair	Gaskell	North Devon Road Runners	SM	41	40	29
79	372 Chris	Brown	Unattached	SM	41	40	30
80	373 Sean	Downing	Unattached	M20	41	41	7
81	257 John	Kavanagh	South West Road Runners	M45	41	43	12
82	2 Colin	Lane	Unattached	SM	41	44	31
83	472 Beth	Barrington	North Devon Road Runners	SL	41	46	5
84	488 Steve	Clifford	Unattached	M45	41	48	13
85	203 Dale	Wilson	Bideford AAC	M20	41	55	8
86	263 Mark	Ward	Bude RATS	M45	41	56	14
87	501 Ian	Waldron	Unattached	M45	41	57	15
88	325 Brian	Lessiter	North Devon Road Runners	M50	41	59	9
89	429 Andy	Glover	Bideford AAC	M55	42	06	6
90	432 Andrew	Jewell	Bideford AAC	M50	42	07	10
91	204 Stuart	Burgess	Unattached	SM	42	08	32
92	458 James	Burnside	Unattached	M20	42	08	9
93	390 Jamie	Blackman	Bideford AAC	SM	42	12	33
94	217 Will	Sherlock	North Devon Road Runners	SM	42	18	34
95	134 Jenny	Mills	Launceston Road Runners	W60	42	18	1
96	450 Kevin	Haywood	Unattached	M45	42	19	16
97	474 Robert	Kelland	Mile High Club	M50	42	20	11
98	282 Harry	Edney	North Devon Triathletes	M20	42	22	10
99	221 Jack	Blight	Bideford AAC	M20	42	23	11
100	385 Philip	Quick	Unattached	M50	42	25	12
101	193 James	Cann	Bude RATS	SM	42	27	35
102	362 Robert	Shallcross	North Devon Road Runners	SM	42	35	36
103	409 Craig	Corry	Unattached	SM	42	41	37
104	386 Maurice	Cockwill	Bideford AAC	M60	42	41	1
105	152 Roger	Harris	Unattached	M45	42	43	17
106	350 John	Greenaway	Bude RATS	M45	42	47	18
107	296 Pat	Gould	North Devon Road Runners	M40	42	50	14
108	406 Paul	Inch	Bude RATS	SM	42	53	38
109	207 Jim	Newman	Unattached	SM	42	55	39
110	409 Craig	Corry	Unattached	SM	42	55	40
111	547 Richard	Hanham	Unattached	M60	42	57	2
112	291 Naomi	Allen	Abingdon Amblers	W35	42	58	1
113	132 Chris	Harper	Carn Runners	M45	42	59	19
114	309 John	Shaddick	Unattached	SM	43	02	41
115	449 Paul	Holman	Unattached	SM	43	04	42
116	543 Ben	Wade	Unattached	SM	43	05	43
117	214 Jamie	Peacock	Unattached	SM	43	08	44
118	124 Neil	Marke	Bideford AAC	M45	43	10	20
119	128 Richard	Preston	Unattached	SM	43	12	45
120	410 Louise	Harris	Barnstaple Road Runners	SL	43	13	6
121	148 Mike	Jayes	Erme Valley Harriers	M55	43	22	7
122	422 Matt	Redmore	Unattached	SM	43	23	46
123	508 Robert	Wilkins	North Devon Road Runners	SM	43	29	47
124	137 Paul	Goswell	Unattached	SM	43	31	48
125	477 Steve	Connor	Unattached	M40	43	32	15
126	340 Steven	Taylor	Unattached	SM	43	35	49
127	45 Steve	Selley	Tiverton Harriers	M45	43	35	21
128	41 Alwyn	Pickard	South Molton Strugglers	M65	43	38	1
129	115 Ami	Yetton	Plymouth Harriers	SL	43	39	7
130	523 Gabriele	Anselmetti	GS MONCENISIO	SM	43	42	50

131	534 Simon	Oliver	North Devon Road Runners	M45	43	47	22
132	504 Alastair	Watts	Unattached	SM	43	52	51
133	425 Steven	Humphries	Bideford AAC	M40	43	57	16
134	403 Gareth	Horrell	Unattached	SM	43	59	52
135	58 Derek	Harrison	Keswick AAC	M60	44	03	3
136	437 Jo	Holdon	Tiverton Harriers	W35	44	03	2
137	77 Tracey	Hulland	South Molton Strugglers	W35	44	05	3
138	498 Laura	Vincent	Unattached	SL	44	15	8
139	396 Godfrey	Osborne	North Devon Road Runners	M45	44	19	23
140	205 Sean	Macaulay	Unattached	M40	44	20	17
141	46 Joe	Kearns	Launceston Road Runners	M45	44	23	24
142	145 Mike	Lewis	South West Vets AC	M60	44	25	4
143	255 David	Moulder	South West Road Runners	M50	44	27	13
144	39 Nick	Kernahan	Unattached	M55	44	27	8
145	351 Kate	Gree	Bude RATS	SL	44	29	9
146	331 Clive	Bright	Bideford AAC	M45	44	31	25
147	194 Roger	Marx	Bude RATS	SM	44	37	53
148	259 Jonathan	Williamson	South West Road Runners	SM	44	38	54
149	530 Jon	Wensley	Unattached	M50	44	40	14
150	199 John	Carter	South Molton Strugglers	M50	44	53	15
151	14 Paul	Smale	Unattached	M40	44	54	18
152	292 Peter	Kirby	Launceston Road Runners	M60	44	54	5
153	146 Matthew	Shortridge	Unattached	M40	44	56	19
154	507 Tony	Parker	Unattached	M55	44	59	9
155	74 Jean-Marie	Street	Unattached	W35	45	10	4
156	212 Jo	Bedler	Bideford AAC	W35	45	13	5
157	248 Jane	Cann	Bude RATS	SL	45	16	10
158	105 Adrian	Colwill	Unattached	SM	45	16	55
159	76 Phil	Pennington	South Molton Strugglers	M40	45	23	20
160	239 Michael	Gammon	North Devon Road Runners	SM	45	31	56
161	136 Carla	James	North Devon Road Runners	SM	45	32	57
162	525 Steph	Olliffe	Torrington AAC	W40	45	38	2
163	97 Mark	Jefferies	Forest of Dean AC	M40	45	39	21
164	376 Anthony	Simkins	Unattached	SM	45	41	58
165	377 Lee	Marks	Unattached	SM	45	47	59
166	457 Robert	Floyd	Bideford AAC	M40	45	55	22
167	357 Paul	Slade	Unattached	SM	45	56	60
168	481 Ruth	Holmes	Unattached	SL	45	57	11
169	415 Alan	Littlejohns	Launceston Road Runners	M60	45	59	6
170	469 Steph	Moss	Tiverton Harriers	SL	46	00	12
171	50 Michael	Carpenter	Launceston Road Runners	M55	46	08	10
172	345 Nicholas	Wise	Torrington AAC	SM	46	11	61
173	242 Helen	Colwill	Bideford AAC	W35	46	15	6
174	72 Rachael	Mackenzie	Unattached	W40	46	18	3
175	314 Ian	Edwards	Unattached	SM	46	20	62
176	312 Eoin	Harty	North Devon Road Runners	SM	46	21	63
177	272 John	Dean	Tiverton Harriers	M55	46	22	11
178	35 Sean	Jack	Bude RATS	M45	46	23	26
179	167 Steven	Mayne	North Devon Road Runners	M45	46	26	27
180	107 Peter	Rasmussen	Launceston Road Runners	SM	46	28	64
181	256 Matt	Greenslade	Unattached	SM	46	33	65
182	448 Phil	Kelland	Mile High Club	M40	46	38	23
183	289 Claire	Gillard	Newton Abbot AC	W45	46	42	2
184	20 Leslie	Reed	Unattached	M50	46	46	16
185	541 Tim	Lane	Bideford AAC	M40	46	48	24
186	276 Andy	Walter	Bideford AAC	M45	46	49	28
187	188 Keith	Bowles	Tavistock AC	M60	46	50	7
188	464 Jane	Jackson	Bideford AAC	W50	46	55	1
189	103 Fergus	Walker	Erme Valley Harriers	M40	46	55	25
190	216 Estelle	Sherlock	Womens Running Network	SL	46	57	13
191	73 Ian	Mackenzie	Unattached	M60	46	57	8
192	329 Gavin	Burnside	Unattached	M40	46	58	26
193	302 Amy	Lawrence	Unattached	SL	46	59	14
194	317 Rebecca	Hill	North Devon AC	W40	47	05	4
195	151 Charlie	Davis	Unattached	M40	47	06	27
196	388 Tony	Shearer	Tavistock AC	M55	47	09	12
197	401 Emily	Felton	Tiverton Harriers	SL	47	12	15
198	47 Lin	Barton	Unattached	W35	47	13	7
199	155 Rachel	Chambers	Unattached	SL	47	20	16
200	51 Andy	Latter	Bude RATS	M50	47	24	17
201	8 James	McCann	Unattached	SM	47	24	66

202	427 Mark	Chugg	Unattached	SM	47	25	67
203	509 Kevin	Thompson	Dawlish Coasters	M55	47	32	13
204	433 Neil	Pennington	Bideford AAC	M40	47	39	28
205	159 Elizabeth	Thomson	Bude RATS	W50	47	40	2
206	460 Martin	Rawle	Unattached	M45	47	41	29
207	333 Michelle	Willocks-Watts	Teignbridge Trotters	W35	47	43	8
208	304 Paul	Martin	Unattached	SM	47	43	68
209	200 Tessa	Wright	Unattached	W35	47	45	9
210	279 Mark	Crowsley	North Devon Road Runners	M45	47	46	30
211	600 Unknown	Runner	Unattached	XX	47	46	1
212	101 Gary	Thomson	Unattached	SM	47	49	69
213	156 Emma	Bartrop	Bude RATS	W35	48	02	10
214	201 Wayne	Jeens	Torrington AAC	SM	48	07	70
215	336 Mandy	Sanders	Torrington AAC	W35	48	07	11
216	118 Christopher	Daniel	Unattached	M45	48	08	31
217	338 David	Dark	Bideford AAC	M45	48	11	32
218	330 Mary	Pool	Bideford AAC	W50	48	13	3
219	100 Rachel	Williams	Bideford AAC	SL	48	18	17
220	337 Graham	Kivell	Bideford AAC	M50	48	20	18
221	32 Bridget	Funnell	Bude RATS	W55	48	22	1
222	305 Neil	Edwards	Unattached	SM	48	34	71
223	476 Carol	Davies	Bideford AAC	W45	48	34	3
224	269 Gemma	Trace	Bude RATS	SL	48	36	18
225	138 Rachel	Scholes	South Molton Strugglers	W35	48	38	12
226	435 Andrew	Oke	Bideford AAC	M45	48	41	33
227	297 Jan	Gould	North Devon Road Runners	W40	48	45	5
228	252 Andy	Houghton	Tavistock AC	M60	48	46	9
229	360 Alex	Burnside	Unattached	M20	48	47	12
230	240 Isobel	Waterhouse	Bude RATS	W45	48	49	4
231	528 Tony	Andrews	Bideford AAC	M55	49	09	14
232	492 Mark	Garland	Unattached	SM	49	11	72
233	226 Steven	Hingston	Unattached	SM	49	12	73
234	120 Angela	Handforth	Erme Valley Harriers	W55	49	13	2
235	328 Vicky	Innes	Bude RATS	W35	49	15	13
236	516 Dave	Wenman	Torrington AAC	M40	49	19	29
237	181 Holly	Pennington	Bideford AAC	SL	49	20	19
238	293 Aggie	Clinch	North Devon Road Runners	W50	49	21	4
239	380 Sebastian	Mogge	Unattached	M40	49	31	30
240	368 Martin	Sturley	Unattached	SM	49	32	74
241	544 Graham	Macdonald	North Devon Road Runners	M60	49	33	10
242	110 James	Kerley	Unattached	SM	49	33	75
243	178 Gilbert	Edwards	Unattached	M50	49	37	19
244	389 Deborah	Rapley	Unattached	W35	49	39	14
245	480 Steven	Higley	Unattached	SM	49	40	76
246	496 David	Grant	Unattached	SM	49	42	77
247	600 Unknown	Runner	Unattached	XX	49	43	2
248	527 Tim	Richards	North Devon Road Runners	M55	49	48	15
249	316 Caroline	Ellis	Bideford AAC	W45	49	54	5
250	56 Amber	Saltmarsh	Unattached	SL	49	56	20
251	493 Elizabeth	Harris	Unattached	W40	50	01	6
252	306 Sarah	Casavieille-Lacaze	South Molton Strugglers	SL	50	07	21
253	412 Angie	Williams	Unattached	W45	50	09	6
254	319 Catherine	Fewings	Torbay AC	W40	50	10	7
255	397 Keith	Prescott	Torrington AAC	M60	50	11	11
256	347 David	Anderson	Torrington AAC	M55	50	21	16
257	505 Keith	Hoadley	Unattached	M45	50	27	34
258	382 Mandi	Yeo	North Devon Road Runners	W40	50	28	8
259	533 Kathryn	Guard	Bideford AAC	SL	50	28	22
260	125 Linda	Eastmond	Bideford AAC	W45	50	30	7
261	264 Jon	Cryer	Unattached	M55	50	30	17
262	180 Alan	Patrick	Bideford AAC	M60	50	32	12
263	113 Jo	Thorn	Plymouth Harriers	SL	50	33	23
264	108 Nick	Chislett	Plymouth Harriers	SM	50	35	78
265	428 Eric	Locke	Centurion RC	M55	50	36	18
266	15 Christine	Smale	Unattached	W40	50	40	9
267	187 Andrew	Webbe	Unattached	SM	50	44	79
268	287 Sue	Vesty	North Devon Road Runners	W50	50	50	5
269	94 Yvonne	Cock	Womens Running Network	W35	50	54	15
270	434 Sue	Pennington	Bideford AAC	W35	50	59	16
271	177 Lesley	Edwards	Unattached	W50	51	00	6
272	89 Ian	Cobbledick	Barnstaple Road Runners	SM	51	06	80

273	129	Nicki	Lyall	Unattached	W35	51	07	17
274	379	David	Gayton	Unattached	SM	51	09	81
275	381	Claire	Meech	North Devon Road Runners	W35	51	11	18
276	402	Bruce	Clarke	Unattached	M45	51	17	35
277	114	Andy	Gammon	Unattached	SM	51	20	82
278	374	Demelza	Menlove-Platt	Bude RATS	SL	51	20	24
279	254	David	Wright	Unattached	SM	51	20	83
280	195	Adrian	Scarlett	Unattached	SM	51	23	84
281	241	Robert	Waterhouse	Bude RATS	M45	51	26	36
282	98	Rachel	Bray	South Molton Strugglers	SL	51	28	25
283	225	Carol	Hansen	Erme Valley Harriers	W45	51	34	8
284	473	Heidi	White	North Devon Road Runners	W35	51	35	19
285	485	Brian	Mulholland	North Devon Road Runners	M55	51	36	19
286	371	Kevin	O'Mahoney	Launceston Road Runners	M65	51	39	2
287	442	Maxine	Stephenson	Womens Running Network	SL	51	39	26
288	441	Jeff	Harding	Devon & Somerset Fire & Res	M40	51	41	31
289	143	Kim	Gilbert	Unattached	M50	51	51	20
290	430	Jane	Watts	Bideford AAC	W35	51	54	20
291	112	Karen	Grant	North Devon AC	W45	51	55	9
292	68	Anthony	Martin	Bideford AAC	M50	51	58	21
293	48	Nick	Barton	Unattached	SM	51	59	85
294	191	Stuart	Hearne	Unattached	SM	52	00	86
295	235	Chiara	Magarotto	Torrington AAC	SL	52	04	27
296	202	Richard	Best	Unattached	M40	52	07	32
297	86	Richard	Smith	Unattached	SM	52	08	87
298	92	Georgina	Green	Womens Running Network	W35	52	10	21
299	64	Margaret	Auerback	Ranelagh	W60	52	10	2
300	157	Sue	Roper	Bude RATS	SL	52	11	28
301	37	Dee	Foley	Bude RATS	SL	52	12	29
302	288	Jennifer	Pope	Unattached	SL	52	14	30
303	163	Cathy	Farmer	Unattached	W40	52	21	10
304	497	Nicky	Adams	Unattached	SM	52	22	88
305	25	Rachel	Higgs	Unattached	SL	52	30	31
306	261	Oliver	Rolls	Unattached	SM	52	33	89
307	510	Tom	McCormack	North Devon Road Runners	M55	52	37	20
308	444	Lloyd	Pinckston	Unattached	SM	52	38	90
309	251	Sheila	Houghton	Tavistock AC	M55	52	39	21
310	471	Alan	Withers	Unattached	M55	52	48	22
311	109	Phil	Higgs	Unattached	M55	52	48	23
312	313	Christopher	Horrell-Jones	Unattached	SM	52	52	91
313	354	Nat	Banbury	Unattached	W35	52	53	22
314	405	Sadie	Davies	Unattached	SL	52	57	32
315	43	Liz	Wearne	Unattached	W45	52	58	10
316	36	Lucinda	Bearnes	Launceston Road Runners	SL	53	01	33
317	455	John	Lethaby	Minehead Running Club	M70	53	03	1
318	63	Nicholas	Bellfield	Unattached	M40	53	06	33
319	90	Martin	Stott	Unattached	M40	53	10	34
320	411	Anthony	Merrett	Bideford AAC	M60	53	18	13
321	174	Zoe	Sims	Unattached	SL	53	18	34
322	33	Roger	Nosworthy	Bude RATS	M60	53	21	14
323	515	Amanda	Andrews	Torrington AAC	W40	53	33	11
324	470	Peter	Spearman	Unattached	SM	53	38	92
325	320	Becky	Bayet	Womens Running Network	W35	53	39	23
326	465	Daniel	Simmonds	Unattached	M40	53	42	35
327	24	Kerry Anne	Whitefield	Unattached	SL	53	43	35
328	466	Keith	Powell	Unattached	M45	53	47	37
329	294	Karen	Weatherley	Unattached	W40	53	50	12
330	491	Laura	Chittock	Unattached	W40	53	53	13
331	210	Lisa	Rogers	Unattached	W35	53	59	24
332	233	Graham	Peters	South Molton Strugglers	M55	54	02	24
333	532	Sue	Squire	North Devon Road Runners	W40	54	02	14
334	182	Linda	Pickard	Launceston Road Runners	W45	54	03	11
335	454	Elinor	Morris	Bude RATS	W35	54	04	25
336	513	Avril	Bell	Unattached	W35	54	07	26
337	232	Debra	Reeves	Unattached	W35	54	13	27
338	461	Rebecca	Hill	Bude RATS	SL	54	13	36
339	453	Claire	Bone	Bideford AAC	W40	54	18	15
340	404	Sue	Burges	Launceston Road Runners	W55	54	20	3
341	536	Sally	Cloke	Unattached	W40	54	21	16
342	301	Maeve	Lawrence	Unattached	SL	54	22	37
343	299	Jonathan	Lawrence	Unattached	M50	54	22	22

344	219	Louise	Shiels	Womens Running Network	W35	54	23	28
345	218	Lana	Gill	Womens Running Network	SL	54	24	38
346	459	Anthony	Tucker-Jones	Unattached	M45	54	25	38
347	298	Jayne	McKenzie Smith	South Molton Strugglers	W45	54	27	12
348	300	Matthew	Lawrence	Unattached	M20	54	39	13
349	526	Phil	Beasant	North Devon Road Runners	M40	54	43	36
350	365	Richard	Place	Unattached	M40	54	45	37
351	335	Chris	Cann	Unattached	M50	54	46	23
352	206	Wendy	Shambrook	Torrington AAC	W35	54	48	29
353	478	Eric	Hubber	Bideford AAC	M70	54	57	2
354	356	Elena	Gaskell	North Devon Road Runners	W50	55	01	7
355	514	Mark	Souch	Unattached	SM	55	09	93
356	99	Julie	Dobson	Launceston Road Runners	W40	55	11	17
357	520	Shane	Summers	Unattached	SM	55	22	94
358	484	Louise	Martindill	North Devon Road Runners	W35	55	24	30
359	59	Annabel	Weeden	Unattached	W35	55	30	31
360	348	Emma	Hill	South Molton Strugglers	W35	55	32	32
361	324	Samantha	Husband	Womens Running Network	W35	55	33	33
362	237	Natasha	Jones	Bude RATS	SL	55	40	39
363	479	Scott	Huish	Unattached	SM	55	40	95
364	284	Tristan	Bannister	Unattached	SM	55	44	96
365	197	Jillian	Harris	Unattached	SL	55	45	40
366	121	Veronica	Newport	Womens Running Network	W40	55	54	18
367	431	Catherine	Gardner	Bideford AAC	W40	55	55	19
368	535	Jayne	Begley	Unattached	W40	56	02	20
369	140	Karen	Jones	Unattached	W35	56	12	34
370	378	Elizabeth	Gayton	Unattached	W35	56	28	35
371	16	Esther	Blackmore	Unattached	SL	56	28	41
372	80	Susan	Van Rensburg	Bude RATS	W50	56	37	8
373	82	Kate	Van Rensburg	Bude RATS	SL	56	38	42
374	85	Basie	Van Rensburg	Bude RATS	M50	56	40	24
375	246	Sian	Jones	Unattached	SL	56	43	43
376	127	Janet	Lathom	Launceston Road Runners	W50	56	47	9
377	5	John	Lunn	Unattached	M50	56	48	25
378	27	Stuart	Bunby	Unattached	SM	56	51	97
379	238	Michelle	Hayes	Unattached	W45	56	53	13
380	183	Dave	Pickard	Launceston Road Runners	M50	56	59	26
381	281	Sarah	Rogers	South Molton Strugglers	W35	57	00	36
382	487	Jess	Gierke	Unattached	W35	57	14	37
383	52	Deborah	Latter	Bude RATS	W45	57	14	14
384	69	Patricia	Martin	Bideford AAC	W45	57	15	15
385	531	Anna	Lacey	Unattached	W35	57	38	38
386	213	Jenny	Gibbons	Unattached	W35	57	41	39
387	126	Lizzie	Friendship	Unattached	W45	57	44	16
388	274	Julie	Skinner	Womens Running Network	W45	57	45	17
389	332	Michelle	Bright	Bideford AAC	SL	57	47	44
390	19	Natasha	Reed	Teignbridge Trotters	SL	57	51	45
391	150	Kerry	Ware	Unattached	SL	57	51	46
392	60	Stuart	Knowler	Unattached	M45	57	52	39
393	546	Adam	Rowland	Unattached	SM	57	52	98
394	164	Lora	McGuckin	Unattached	SL	57	55	47
395	18	Ruth	Jones	Womens Running Network	W45	58	01	18
396	495	Jo-Anne	Stevens	Unattached	W35	58	05	40
397	447	Joyce	Mulholland	North Devon Road Runners	W50	58	05	10
398	95	David	Westcott	Unattached	M55	58	07	25
399	22	Emily	Macaulay	Womens Running Network	SL	58	08	48
400	17	Sue	Jewell	Womens Running Network	W45	58	30	19
401	424	Vicki	Gordon	Unattached	W40	58	39	21
402	34	Lee	Dawson	Bude RATS	M40	58	44	38
403	398	Jonathan	Hibbert	Torrington AAC	M50	58	47	27
404	486	Fiona	Philps	Bideford AAC	W35	58	47	41
405	366	Tina	Munro	Womens Running Network	W40	58	47	22
406	171	Charlotte	Lockett	Unattached	SL	58	49	49
407	339	Paul	Cloke	Unattached	M45	58	50	40
408	230	Darren	Pridham	Unattached	SM	58	51	99
409	506	Felicity	King	Unattached	W45	59	01	20
410	116	Hazel	Rucki	Unattached	SL	59	04	50
411	416	Phil	Griffiths	Unattached	M40	59	05	39
412	349	Steven	Peckham	Unattached	M40	59	12	40
413	111	Jane	Stanley	Unattached	W55	59	20	4
414	503	Sally	Greenaway	Unattached	W35	59	22	42

415	91 Michelle	Beard	Unattached	W35	59	22	43	
416	542 Charles	Travis	Unattached	M55	59	26	26	
417	315 Sophie	Smart	Unattached	SL	59	31	51	
418	224 Stephen	Selwood	Unattached	M45	59	35	41	
419	222 Lysie	Suggate	Unattached	SL	59	36	52	
420	10 Claire	Littlejohns	Unattached	W35	59	37	44	
421	285 Claire	Bannister	Unattached	SL	59	38	53	
422	9 Elisabeth	Hipkins	Unattached	W35	59	40	45	
423	250 Andrea	Brend	Unattached	SL	59	42	54	
424	303 Rose	Budge	Unattached	W50	59	43	11	
425	295 Sue	McHugh	Unattached	W55	59	43	5	
426	162 Maggie	Cornforth	Womens Running Network	W65	59	47	1	
427	231 Lee	Stevens	Unattached	SM	59	49	100	
428	393 Louise	Halliday	Unattached	W40	59	58	23	
429	153 Rachel	Baker	Okehampton Running Club	SL	1	00	15	55
430	423 Julia	Laing	Womens Running Network	W45	1	00	16	21
431	196 Sonya	Bellfield	Unattached	W40	1	00	16	24
432	418 Rachel	Phillips	Unattached	W40	1	00	30	25
433	38 Ann	Woodhouse	Tavistock AC	W60	1	00	37	3
434	55 Sally	Lipscombe	Tavistock AC	W40	1	00	46	26
435	545 Maria	Amico	Unattached	W35	1	01	00	46
436	23 Claire	Scales	Unattached	SL	1	01	01	56
437	265 Sarah	Bolt	Launceston Road Runners	W35	1	01	04	47
438	249 Caroline	Greenleaf	Unattached	W40	1	01	06	27
439	130 Cheryl	Leach	Launceston Road Runners	W60	1	01	07	4
440	131 Carol	Garrett	Carn Runners	W40	1	01	14	28
441	76 Phil	Pennington	South Molton Strugglers	M40	1	01	18	41
442	66 Natalie	Barthram	North Devon Triathletes	SL	1	01	18	57
443	342 Diana	Bissell	Unattached	W45	1	01	22	22
444	133 Gillian	Lawrence	Unattached	W55	1	01	36	6
445	244 Kim	Jenkin	Unattached	W20	1	01	52	1
446	245 Doug	Jenkin	Bideford AAC	M50	1	01	52	28
447	537 Karen	Bowes	Unattached	W45	1	02	04	23
448	538 Sarah	Day	Unattached	W45	1	02	04	24
449	420 Julia	Kliem	Womens Running Network	W45	1	02	08	25
450	443 Diane	Roberts	Womens Running Network	W35	1	02	08	48
451	524 Amanda	Adams	South Molton Strugglers	W40	1	02	12	29
452	414 Tracey	Scattergood	Unattached	W40	1	02	13	30
453	84 Sonya	Kinchington	Bude RATS	SL	1	02	13	58
454	440 Jenny	Womersley	Womens Running Network	W50	1	02	14	12
455	268 Susan	O'Grady	North Devon Road Runners	W45	1	02	16	26
456	258 Julia	Williamson	Womens Running Network	W40	1	02	19	31
457	280 Samantha	Crowsley	North Devon Road Runners	W40	1	02	25	32
458	215 Lisa	Peacock	Unattached	W35	1	02	32	49
459	421 Nicky	Williams	Unattached	SL	1	02	34	59
460	61 Karen	Mather	Unattached	W35	1	02	43	50
461	169 Kay	Smale	Womens Running Network	W35	1	02	51	51
462	168 Karen	Mayne	Womens Running Network	W40	1	03	02	33
463	548 Natasha	Johnston	Unattached	W35	1	03	05	52
464	417 Sharon	Martin	Unattached	W40	1	03	14	34
465	290 Polly	Lessiter	North Devon Road Runners	SL	1	03	30	60
466	375 Pamela	Soper	Unattached	W60	1	03	37	5
467	394 Gillian	Lee	South Molton Strugglers	W45	1	04	27	27
468	31 Toni-Jane	Buckeridge	Unattached	SL	1	04	30	61
469	7 Tim	Peters	Unattached	M60	1	04	30	15
470	28 Nicki	Mann	Unattached	SL	1	04	55	62
471	142 Carol	Edgington	Unattached	W55	1	04	56	7
472	392 Debbie	Goulding	Unattached	W40	1	04	57	35
473	176 Sue	Catto	BATs	W50	1	04	57	13
474	334 Donna	Marriott	North Devon Road Runners	W35	1	05	17	53
475	359 Natalie	Hammond	Bideford AAC	W45	1	05	20	28
476	358 Anna	Curtis	Bideford AAC	W45	1	05	22	29
477	102 Tarron	Filmer	Unattached	SM	1	05	37	101
478	123 Nikki	Lee	Bideford AAC	W40	1	06	10	36
479	311 Innes	Milne	Unattached	W50	1	06	30	14
480	391 John	Wilde	Bideford AAC	M50	1	06	51	29
481	273 Kathleen	Wedgeworth	Unattached	W35	1	07	00	54
482	494 Charlene	Manning	Unattached	SL	1	07	02	63
483	21 Will	Parbury	Unattached	SM	1	07	42	102
484	436 Liz	Oke	Bideford AAC	W65	1	07	55	2
485	322 Sally	Bevan	Unattached	W45	1	08	02	30

486	117 Penny	Harris	Womens Running Network	W35	1	08	27	55
487	262 Virginia	Grayling	Womens Running Network	SL	1	08	33	64
488	321 Joanna	Dyer	Unattached	W45	1	08	52	31
489	67 Alison	Timms	Bude RATS	W40	1	09	46	37
490	170 Mel	Sacree	Bude RATS	W45	1	09	46	32
491	600 Unknown	Runner	Unattached	XX	1	09	55	3
492	173 Donna	Holmes	Unattached	SL	1	10	16	65
493	172 Katie	Jewell	Unattached	SL	1	10	16	66
494	271 Diane	Reddicliffe	Launceston Road Runners	W45	1	10	59	33
495	341 Tracey	Taylor	Unattached	SL	1	11	03	67
496	122 Annette	Joyce	Bideford AAC	W55	1	11	24	8
497	158 Jo	Simpson	Unattached	SL	1	12	06	68
498	270 Nicola	Hammond	Bude RATS	W40	1	12	19	38
499	236 Jessica	Lynes	Bude RATS	W40	1	12	19	39
500	277 Sue	Hellewell	Womens Running Network	W35	1	13	04	56
501	344 Izzy	Watkins	Womens Running Network	W50	1	13	04	15
502	253 Peter	Lewing	Unattached	SM	1	14	25	103
503	6 Suzanne	Lunn	Unattached	W45	1	14	43	34
504	408 Lucy	Davies	Unattached	W40	1	20	42	40
505	407 Rachel	Mitchell	Unattached	W40	1	20	42	41
506	413 Pamela	Paddon	Bideford AAC	W65	1	23	54	3
507	517 Jamie	McKenzie	Unattached	SM	1	24	52	104
508	79 Emma	Collum	Bideford AAC	W35	1	28	08	57
509	519 Claire	Bonetta	Unattached	SL	1	29	33	69
510	518 Abbie	Short	Unattached	SL	1	29	46	70

#### Senior Men's Teams

1	S. Gallienne, M. Jenkin, D. Mapp, S. Heard	Bideford AAC	21 pts
2	A. Walker, J. Hewitt, R. Ewings, M. Hussell	Tiverton Harriers	160 pts
3	K. Shapland, C. Sanders, M. Phillips, A. Gaskell	North Devon Road Runners	186 pts
4	B. Huxtable, G. Suggate, S. Vitali, L. Rigler	Bideford AAC 'B'	200 pts
5	A. Medland, W. Van Rensburg, S. Latter, J. Cann	Bude RATS	221 pts
6	W. Sherlock, R. Shallcross, R. Wilkins, M. Gammon	North Devon Road Runners 'E'	479 pts

#### Ladies' Teams

1	C. Felton, S. Moss, E. Felton	Tiverton Harriers	430 pts
2	K. Gree, J. Cann, G. Trace	Bude RATS	526 pts
3	S. Burd, E. Sherlock, M. Stephenson	Womens Running Network	545 pts
4	A. Leal, B. Barrington, P. Lessiter	North Devon Road Runners	619 pts
5	R. Williams, H. Pennington, K. Guard	Bideford AAC	715 pts
6	D. Menlove-Platt, S. Roper, D. Foley	Bude RATS 'B'	879 pts

#### Veterans Teams

1	J. Ward, P. Hockin, M. Colwill, M. Gilbert	Bideford AAC	80 pts
2	M. Hayles, J. Shapland, T. Vesty, A. Wollacott	North Devon Road Runners	136 pts
3	K. Roberts, J. Gregory, P. Spencer, M. Brace	Tiverton Harriers	145 pts
4	T. Felton, J. Bond, H. Bidmead, S. Sirdefield	Tiverton Harriers 'B'	253 pts
5	K. Turner, R. Shaw, M. Ward, J. Greenaway	Bude RATS	263 pts
6	A. Ryder, M. Hansen, M. Jayes, F. Walker	Erme Valley Harriers	348 pts

#### Ladies Veterans Teams

1	M. Clarke, J. Gould, A. Clinch, .	North Devon Road Runners	495 pts
2	J. Bedler, H. Colwill, J. Jackson, .	Bideford AAC	517 pts
3	E. Thomson, E. Bartrop, B. Funnell, .	Bude RATS	639 pts
4	M. Pool, C. Davies, C. Ellis, .	Bideford AAC 'B'	690 pts
5	S. Olliffe, M. Sanders, A. Andrews, .	Torrington AAC	700 pts
6	T. Hlland, R. Scholes, J. McKenzie Smith, .	South Molton Strugglers	709 pts

#### Ladies Overall

1	40 Jo	Meek	Winchester	SL	37	3
2	367 Maddy	Clarke	North Devon Road Runners	W40	37	40
3	539 Caroline	Hewitt	Tiverton Harriers	W45	38	33
4	446 Chloe	Felton	Tiverton Harriers	SL	40	42
5	260 Serane	Burd	Womens Running Network	SL	41	0
6	326 Alicia	Leal	North Devon Road Runners	SL	41	16
7	472 Beth	Barrington	North Devon Road Runners	SL	41	46
8	134 Jenny	Mills	Launceston Road Runners	W60	42	18



9	291 Naomi	Allen	Abingdon Amblers	W35	42	58
10	410 Louise	Harris	Barnstaple Road Runners	SL	43	13

### M20

1	445 Steven	Gallienne	Bideford AAC	M20	32	24
2	3 Dan	Mapp	Bideford AAC	M20	34	10
3	149 Brennan	Townshend	Tavistock AC	M20	35	49
4	540 Jordan	Hewitt	Tiverton Harriers	M20	38	4
5	53 Sam	Latter	Bude RATS	M20	40	17
6	475 Luke	Rigler	Bideford AAC	M20	41	37

### M40

1	549 John	Ward	Bideford AAC	M40	32	35
2	467 Martin	Colwill	Bideford AAC	M40	35	52
3	154 Roger	Voaden	Okehampton Running Club	M40	36	34
4	456 Paul	Cottle	Unattached	M40	38	28
5	490 Rob	Shaw	Bude RATS	M40	39	6
6	482 Bob	O'Hanlon	Unattached	M40	39	35

### M45

1	462 Kerry	Roberts	Tiverton Harriers	M45	34	41
2	452 Peter	Hockin	Bideford AAC	M45	34	47
3	75 Mark	Hayles	North Devon Road Runners	M45	36	0
4	119 Alan	Ryder	Erme Valley Harriers	M45	36	4
5	463 Nicholas	Einchcomb	South West Road Runners	M45	37	1
6	286 Tony	Vesty	North Devon Road Runners	M45	38	51

### M50

1	283 Simon	Edney	North Devon Triathletes	M50	35	32
2	227 Mike	Hansen	Erme Valley Harriers	M50	36	22
3	54 Kelvin	Turner	Bude RATS	M50	37	33
4	211 Mark	Gilbert	Bideford AAC	M50	40	3
5	184 Howard	Bidmead	Tiverton Harriers	M50	41	30
6	384 Andrew	Kennedy	Exmouth Harriers	M50	41	33

### M55

1	529 John	Shapland	North Devon Road Runners	M55	36	15
2	106 Ian	Snow	Torrington AAC	M55	39	18
3	364 Tim	Felton	Tiverton Harriers	M55	39	51
4	399 Jim	Jennings	Torrington AAC	M55	40	57
5	363 Tim	Jones	North Devon Road Runners	M55	41	11
6	429 Andy	Glover	Bideford AAC	M55	42	6

### M60

1	386 Maurice	Cockwill	Bideford AAC	M60	42	41
2	547 Richard	Hanham	Unattached	M60	42	57
3	58 Derek	Harrison	Keswick AAC	M60	44	3
4	145 Mike	Lewis	South West Vets AC	M60	44	25
5	292 Peter	Kirby	Launceston Road Runners	M60	44	54
6	415 Alan	Littlejohns	Launceston Road Runners	M60	45	59

### M65

1	41 Alwyn	Pickard	South Molton Strugglers	M65	43	38
2	371 Kevin	O'Mahoney	Launceston Road Runners	M65	51	39

### M70

1	455 John	Lethaby	Minehead Running Club	M70	53	3
2	478 Eric	Hubber	Bideford AAC	M70	54	57

### W20

1	244 Kim	Jenkin	Unattached	W20	1	1	52
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**W35**

1	291 Naomi	Allen	Abingdon Amblers	W35	42	58
2	437 Jo	Holdon	Tiverton Harriers	W35	44	3
3	77 Tracey	Hulland	South Molton Strugglers	W35	44	5
4	74 Jean-Marie	Street	Unattached	W35	45	10
5	212 Jo	Bedler	Bideford AAC	W35	45	13
6	242 Helen	Colwill	Bideford AAC	W35	46	15

**W40**

1	367 Maddy	Clarke	North Devon Road Runners	W40	37	40
2	525 Steph	Olliffe	Torrington AAC	W40	45	38
3	72 Rachael	Mackenzie	Unattached	W40	46	18
4	317 Rebecca	Hill	North Devon AC	W40	47	5
5	297 Jan	Gould	North Devon Road Runners	W40	48	45
6	493 Elizabeth	Harris	Unattached	W40	50	1

**W45**

1	539 Caroline	Hewitt	Tiverton Harriers	W45	38	33
2	289 Claire	Gillard	Newton Abbot AC	W45	46	42
3	476 Carol	Davies	Bideford AAC	W45	48	34
4	240 Isobel	Waterhouse	Bude RATS	W45	48	49
5	316 Caroline	Ellis	Bideford AAC	W45	49	54
6	412 Angie	Williams	Unattached	W45	50	9

**W50**

1	464 Jane	Jackson	Bideford AAC	W50	46	55
2	159 Elizabeth	Thomson	Bude RATS	W50	47	40
3	330 Mary	Pool	Bideford AAC	W50	48	13
4	293 Aggie	Clinch	North Devon Road Runners	W50	49	21
5	287 Sue	Vesty	North Devon Road Runners	W50	50	50
6	177 Lesley	Edwards	Unattached	W50	51	0

**W55**

1	32 Bridget	Funnell	Bude RATS	W55	48	22	
2	120 Angela	Handforth	Erme Valley Harriers	W55	49	13	
3	404 Sue	Burges	Launceston Road Runners	W55	54	20	
4	111 Jane	Stanley	Unattached	W55	59	20	
5	295 Sue	McHugh	Unattached	W55	59	43	
6	133 Gillian	Lawrence	Unattached	W55	1	1	36

**W60**

1	134 Jenny	Mills	Launceston Road Runners	W60	42	18	
2	64 Margaret	Auerback	Ranelagh	W60	52	10	
3	38 Ann	Wooldhouse	Tavistock AC	W60	1	0	37
4	130 Cheryl	Leach	Launceston Road Runners	W60	1	1	7
5	375 Pamela	Soper	Unattached	W60	1	3	37

**W65**

1	162 Maggie	Cornforth	Womens Running Network	W65	59	47	
2	436 Liz	Oke	Bideford AAC	W65	1	7	55
3	413 Pamela	Paddon	Bideford AAC	W65	1	23	54

**W70**

No Qualifiers

Results should be available on [www.bidefordaac.co.uk](http://www.bidefordaac.co.uk) by mid-afternoon