

Bude Lifeboat Run 6 mile Race Wednesday 10 June 2015. 7:15 pm

<u>Pos</u>	<u>FinTime</u>	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
1	0:31:51	JENKIN, Mark	Bideford AAC	male 35-39	05:18.4	483
2	0:34:45	DEVENPORT, Peter	Bude Rats	male 15-34	05:47.4	1458
3	0:35:22	FERGUSON, Ian	Falmouth Road Runners	male 35-39	05:53.5	304
4	0:35:40	ANGELL, Dave	Mile High	male 15-34	05:56.5	239
5	0:36:03	CLARK, Mike	South Molton Strugglers	male 40-44	06:00.4	1412
6	0:36:11	RICHARDS, Gary	Carn Runners	male 45-49	06:01.7	425
7	0:36:33	SHAPLAND, Keith	Bideford AAC	NDB	06:05.4	1456
8	0:37:02	GARRET, Mike	Outdoor Adventure	male 15-34	06:10.2	430
9	0:37:05	BATEMAN, Dominic	Bodmin Road Runners	male 15-34	06:10.7	308
10	0:37:14	CARTHEY, Tom	Falmouth Road Runners	male 15-34	06:12.2	303
11	0:37:22	HOWELL, Tom	Mile High	male 15-34	06:13.5	1423
12	0:37:30	COLVIN, Brent	Bideford AAC	male 40-44	06:14.9	462
13	0:37:39	BLACKMAN, Jamie	Bideford AAC	male 15-34	06:16.4	228
14	0:37:42	HALL, Craig	Carn Runners	male 40-44	06:16.9	361
15	0:37:47	WILLIAMS, Simon S	St Austell RC	male 40-44	06:17.7	1426
16	0:37:57	LAMBERT, Anthony	Torrington AAC	male 40-44	06:19.4	1428
17	0:37:58	LONGHORN, Jason	Falmouth Road Runners	male 40-44	06:19.5	1424
18	0:38:15	LLOYD, Scott	Werrington Joggers	male 35-39	06:22.4	1417
19	0:38:18	KNIGHT, Mark	Launceston Road Runners	male 15-34	06:22.9	500
20	0:38:20	HUTCHESON, Mark	Bude Rats	male 50-54	06:23.2	326
21	0:38:26	TITHECOTT, Simon	Torrington AAC	male 40-44	06:24.2	1429
22	0:38:28	SARA, Wayne	Truro Running Club	male 35-39	06:24.5	398
23	0:38:30	VINNICOMBE, Jason	Carn Runners	male 40-44	06:24.9	204
24	0:38:37	LITTLEJOHNS, Mark	Falmouth Road Runners	male 40-44	06:26.0	397
25	0:38:40	CORTHINE, Paul	Bude Rats	male 15-34	06:26.5	458
26	0:39:10	JEWELL, James	Bideford AAC	male 35-39	06:31.5	226
27	0:39:15	RENDLE, Steve	Newquay Road Runners	male 45-49	06:32.4	492
28	0:39:23	ANDREW, Brian	Bideford AAC	male 15-34	06:33.7	1437
29	0:39:34	MURPHY, Carl	Torrington AAC	male 35-39	06:35.5	300
30	0:39:36	VERNON, Andrew	Okehampton R C	male 45-49	06:35.9	407
31	0:39:39	RADLEY, Drew	Outdoor Adventure	male 15-34	06:36.4	432
32	0:39:42	STARKEY, Debbie	St Austell RC	female 40-44	06:36.9	334
33	0:39:59	WOLFENDEN-BROWN, Lewis	Outdoor Adventure	male 15-34	06:39.7	431
34	0:40:11	WATSON, Robin	Falmouth Road Runners	male 50-54	06:41.7	272
35	0:40:14	YEARLING, Michael		male 40-44	06:42.2	464
36	0:40:19	GWYNNE, Paul	Mud Crew	male 50-54	06:43.0	259
37	0:40:20	SHUTE, Clive	East Cornwall Harriers	male 35-39	06:43.2	269
38	0:40:27	STURTRIDGE, Nick	Bideford AAC	male 50-54	06:44.4	1435
39	0:40:32	MURRAY, James	Newquay Road Runners	male 40-44	06:45.2	499
40	0:40:33	ALLEN, Peter	Newquay Road Runners	male 55-59	06:45.4	244
41	0:40:35	TOMES, Pete		male 35-39	06:45.7	455
42	0:40:45	ULLMAN, Chris	East Cornwall Harriers	male 40-44	06:47.4	1422
43	0:40:46	MORWOOD, Sarah	Mud Crew	female 15-34	06:47.5	476
44	0:40:53	CARDOO, Brown	Bude Lifeboat Crew	male 35-39	06:48.7	482
45	0:40:59	CROWLE, Ian	East Cornwall Harriers	male 55-59	06:49.7	424
46	0:41:06	NASH, Jenny	East Cornwall Harriers	female 50-54	06:50.9	292
47	0:41:11	ASTLEY, Hannah		female 35-39	06:51.7	236
48	0:41:18	COPELAND, Barry	Tamar Trotters	male 55-59	06:52.9	1414
49	0:41:23	TUCKER, Chris	Bude Rats	male 35-39	06:53.7	316
50	0:41:25	SQUIRE, Darren	St Austell RC	male 40-44	06:54.0	340
51	0:41:27	WOOLDRIDGE, David	Newquay Road Runners	male 50-54	06:54.4	1450
52	0:41:30	ABBOTT, Brian	St Austell RC	male 50-54	06:54.9	331
53	0:41:38	SIMS, Andrew	East Cornwall Harriers	male 45-49	06:56.2	401
54	0:41:41	EYRE, Janna	Carn Runners	female 15-34	06:56.7	240
55	0:41:47	ALDIS, Philip	Bude Rats	male 50-54	06:57.7	225
56	0:41:48	PEARSON, Andrew	Bideford AAC	male 40-44	06:57.9	419
57	0:42:00	SCAIFE, Lloyd		male 15-34	06:59.9	439
58	0:42:07	MURRIN, Tommy	Outdoor Adventure	male 15-34	07:01.0	429
59	0:42:12	HILL, Jeremy	St Austell RC	male 50-54	07:01.9	1438

<u>Pos</u>	<u>FinTime</u>	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
60	0:42:16	BRYDON, James	Bodmin Road Runners	male 15-34	07:02.5	311
61	0:42:26	STAPLETON, Wayne	Torrington AAC	male 40-44	07:04.2	393
62	0:42:29	MURRAY, Robbie	Bideford AAC	male 15-34	07:04.7	467
63	0:42:30	WHITLEY, Mike	Launceston Road Runners	male 50-54	07:04.9	477
64	0:42:33	Ashley Jewell	Bideford AAC	male 35-39	07:05.4	277
65	0:42:36	PERRING, Ryan	Mud Crew	male 15-34	07:05.9	344
66	0:42:37	FLEMING, Ben	Adventure International	male 15-34	07:06.0	349
67	0:42:38	BROWN, Jeremy	Bude Lifeboat Crew	male 40-44	07:06.2	417
68	0:42:47	KEARNS, Joe	East Cornwall Harriers	male 50-54	07:07.7	271
69	0:42:52	CLOKE, Andy	Bude Lifeboat Crew	male 40-44	07:08.5	418
70	0:42:54	STEVENSON, Helen		female 35-39	07:08.9	234
71	0:42:57	HARVEY, Richard	Carn Runners	male 35-39	07:09.4	208
72	0:42:59	YOUNG, Andy	St Austell RC	male 50-54	07:09.7	329
73	0:43:00	HOADLEY, Keith	Torrington AAC	male 50-54	07:09.9	299
74	0:43:10	KETTLE, Adrian	Okehampton R C	male 15-34	07:11.5	486
75	0:43:16	CANN, James	Bude Rats	male 15-34	07:12.5	438
76	0:43:25	SANDERS, Steve	Bideford AAC	male 50-54	07:14.0	1433
77	0:43:27	MOUNTFORD, Frazer	Newquay Road Runners	male 15-34	07:14.4	447
78	0:43:29	SIMPSON, Chirs	South Molton Strugglers	male 40-44	07:14.7	484
79	0:43:33	JONES, Tim	North Devon RR	male 60-64	07:15.4	498
80	0:43:34	CONNETT, Richard	South Molton Strugglers	male 35-39	07:15.5	1453
81	0:43:35	GLENDINNING, Tom	Launceston Road Runners	male 15-34	07:15.7	394
82	0:43:54	WILSON, Dale		NDB	07:18.9	471
83	0:43:55	JENNINGS, Paul	Bideford AAC	male 50-54	07:19.0	353
84	0:44:00	JACK, Sean	Bude Rats	male 55-59	07:19.9	444
85	0:44:12	BRYDON, Jim	Bodmin Road Runners	male 50-54	07:21.9	314
86	0:44:14	THOMAS, Rachael	Cornwall AC	female 40-44	07:22.2	264
87	0:44:19	HARRIS, Richard		male 40-44	07:23.0	445
88	0:44:28	ANDREW, Jamie		male 40-44	07:24.5	1410
89	0:44:33	MCMORROW, Dave	Teignbridge Trotters	male 15-34	07:25.4	441
90	0:44:36	CANN, Gareth		male 45-49	07:25.9	422
91	0:44:38	CHUBB, Matt		male 15-34	07:26.2	1439
92	0:44:39	WALLBANK, Rob	St Austell RC	male 15-34	07:26.4	1415
93	0:44:41	PENBERTHY, Michael	Hayle Runners	male 55-59	07:26.7	336
94	0:44:46	HARDING, Ben	East Cornwall Harriers	male 15-34	07:27.5	214
95	0:44:47	AVERY, Jason	Torrington AAC	male 40-44	07:27.7	1436
96	0:44:48	CULLEY, Spencer	Mud Crew	male 40-44	07:27.9	1408
97	0:44:50	RICHMOND, Harvey		male 35-39	07:28.2	436
98	0:44:51	CLEMENTS, Colette	Newquay Road Runners	female 35-39	07:28.4	460
99	0:44:52	GATRELL, John		male 35-39	07:28.5	233
100	0:44:57	COLES, Ray	Stibb Stompers	male 60-64	07:29.4	351
101	0:45:07	ALSOP, Doug	St Austell RC	male 65-69	07:31.0	342
102	0:45:09	JEANS, Percy	Crediton Running Neywork	male 55-59	07:31.4	217
103	0:45:16	SHARP, Sam		male 15-34	07:32.5	421
104	0:45:23	JEWITT, Victoria	Adventure International	female 15-34	07:33.7	350
105	0:45:33	OLLIFFE, Steph	Torrington AAC	female 45-49	07:35.4	322
106	0:45:43	BINNS, John	Okehampton R C	male 50-54	07:37.0	1448
107	0:45:44	LAMING, Andrew	Newquay Road Runners	male 45-49	07:37.2	1461
108	0:45:45	CIANO, Phillip	Newquay Road Runners	male 50-54	07:37.4	399
109	0:45:54	CLARKE, Lee		male 15-34	07:38.9	347
110	0:45:57	CROWLE, Jonathan	Truro Running Club	male 40-44	07:39.4	230
111	0:45:58	WILCOX, David	Truro Running Club	male 40-44	07:39.5	224
112	0:46:08	DAVIS, Andrew	Bude Lifeboat Crew	male 15-34	07:41.2	433
113	0:46:11	GILL, Ken		male 50-54	07:41.7	206
114	0:46:16	READ, Tom		male 15-34	07:42.5	1460
115	0:46:21	MCGRATH, Rollo	Bude Rats	male 50-54	07:43.4	289
116	0:46:23	LITTLEWOOD, Louise	East Cornwall Harriers	female 45-49	07:43.7	211
117	0:46:29	HORTON, John	Newquay Par AC	male 70+	07:44.7	266
118	0:46:33	NICHOLLS, Meeta	East Cornwall Harriers	female 40-44	07:45.4	257
119	0:46:38	RICE, Mervyn	Okehampton R C	male 55-59	07:46.2	346

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120	0:46:43	PICK, Robert	East Cornwall Harriers	male 55-59	07:47.0	359
121	0:46:48	SEIDENTEISS, Reinhard		male 45-49	07:47.9	463
122	0:46:49	STANFORD, Joseph		male 40-44	07:48.0	449
123	0:46:51	PAYNTER, Adam	Launceston Road Runners	male 40-44	07:48.4	287
124	0:46:52	O'DWYER, Donna		female 15-34	07:48.5	481
125	0:46:56	CURRAN, Joseph		NDB	07:49.2	448
126	0:47:00	NEWCOMBE, Michael	Torrington AAC	male 40-44	07:49.9	387
127	0:47:01	POTTER, Alison	Newquay Road Runners	female 35-39	07:50.0	288
128	0:47:03	STURTRIDGE, Paul	Bideford AAC	male 60-64	07:50.4	1434
129	0:47:14	NADAUD, Julia	St Austell RC	female 35-39	07:52.2	333
130	0:47:15	THOMPSON, Adam	Newquay Road Runners	male 15-34	07:52.4	1431
131	0:47:31	SNOW, Ian	Torrington AAC	male 60-64	07:55.0	319
132	0:47:33	JENNINGS, Peter	Launceston Road Runners	male 50-54	07:55.4	434
133	0:47:42	LATHOM, Paul		male 15-34	07:56.9	295
134	0:47:45	COLWILL, Robert		male 35-39	07:57.4	386
135	0:47:48	COLVIN, Sara	Bideford AAC	female 40-44	07:57.9	461
136	0:47:51	PARKER, Andrew	Launceston Road Runners	male 50-54	07:58.4	268
137	0:47:52	KING, Darren	Plymouth Muskateers	male 35-39	07:58.5	479
138	0:47:54	FOLEY, Joanne	Plymouth Muskateers	female 15-34	07:58.9	478
139	0:48:09	LILLIS, John	Newquay Road Runners	male 65-69	08:01.4	466
140	0:48:19	MARQUIS, Peter		male 55-59	08:03.0	254
141	0:48:20	GOLDBERG, Jessica	Launceston Road Runners	female 15-34	08:03.2	366
142	0:48:21	WORTH, Sarah	Launceston Road Runners	female 35-39	08:03.4	494
143	0:48:28	BATEMAN, Rebecca	Bodmin Road Runners	female 35-39	08:04.5	309
144	0:48:34	STEPHENS, Emma	Bodmin Road Runners	female 15-34	08:05.5	313
145	0:48:38	MCFADZEAN, Jeanette	Launceston Road Runners	female 45-49	08:06.2	291
146	0:48:42	LATTER, Andy	Bude Rats	male 55-59	08:06.9	409
147	0:48:43	GOODMAN, Andrew	Birstall Runners	male 65-69	08:07.0	275
148	0:48:47	WILLSHIRE, Simon		male 40-44	08:07.7	415
149	0:48:53	LEE, Lisa	Torrington AAC	female 15-34	08:08.7	1430
150	0:48:58	BRYDON, Jackie	Bodmin Road Runners	female 45-49	08:09.5	312
151	0:49:04	WHITEFIELD, Ed		male 40-44	08:10.5	281
152	0:49:11	REAY, Leila	Bude Rats	female 60-64	08:11.7	242
153	0:49:14	THOMPSON, Adam	Newquay Road Runners	male 15-34	08:12.2	1431
154	0:49:18	PYKE, Pauline	Torrington AAC	female 45-49	08:12.9	411
155	0:49:19	SPITERI, Dawn	St Austell RC	female 35-39	08:13.0	330
156	0:49:23	IRETON, Robert	Bude Rats	male 45-49	08:13.7	442
157	0:49:24	JOHNS, Nic		female 15-34	08:13.9	435
158	0:49:27	STACEY CHEEL, Teresa		female 45-49	08:14.4	1447
159	0:49:28	BROOKS, Martin		male 45-49	08:14.5	241
160	0:49:31	LOVEDAY, Allan	Newquay Road Runners	male 65-69	08:15.0	396
161	0:49:45	BARNFIELD, Marty		male 40-44	08:17.4	465
162	0:49:47	FRITH, Ray	Newquay Road Runners	male 65-69	08:17.7	469
163	0:49:58	RIONELINO, Decca		male 15-34	08:19.5	1416
164	0:50:03	HOARE, Shelley	Dreckly Runners	female 15-34	08:20.4	405
165	0:50:06	TRETHEWEY, Martin	St Austell RC	male 45-49	08:20.9	341
166	0:50:08	GIBBS, Sonya	Bodmin Womens RC	female 50-54	08:21.2	1425
167	0:50:12	STANDFORD, Susan		female 50-54	08:21.9	1419
168	0:50:17	LUCAS, Andrew	St Austell RC	male 45-49	08:22.7	332
169	0:50:19	HULFORD, Stephanie	Bradworthy RG	female 45-49	08:23.0	258
170	0:50:22	RITCHIE, Janet	Carn Runners	female 50-54	08:23.5	278
171	0:50:46	WEST, Jon	Bude Rats	male 50-54	08:27.5	337
172	0:50:48	HOWLAND, Chris	Felixstowe R R	male 50-54	08:27.8	382
173	0:50:49	WILLSON, Richard	Truro Running Club	male 60-64	08:28.0	293
174	0:50:50	NEAL, Claire	Bude Rats	female 15-34	08:28.2	459
175	0:50:59	DREW, Peter	Carn Runners	male 65-69	08:29.7	237
176	0:51:09	JENKIN, Doug	Bideford AAC	male 55-59	08:31.3	279
177	0:51:16	PENBERTHY, Carol	Carn Runners	female 55-59	08:32.5	335
178	0:51:17	CLEMENCE, Sarah	Carn Runners	female 45-49	08:32.7	426
179	0:51:25	PRITCHARD, Christopher	Launceston Road Runners	male 50-54	08:34.0	276

<u>Pos</u>	<u>FinTime</u>	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
180	0:51:40	WERRAN, Louise	Launceston Road Runners	female 35-39	08:36.5	490
181	0:51:41	WALTERS, Karen	Newquay Road Runners	female 40-44	08:36.7	473
182	0:51:42	WOOLGAR, Lorrie	Bideford AAC	female 50-54	08:36.8	489
183	0:51:43	HUTCHINGS, Lisa		female 35-39	08:37.0	1420
184	0:51:52	HOWLAND, Christina	Felixstowe R R	female 45-49	08:38.5	383
185	0:51:54	VEALE, Derek	Launceston Road Runners	male 70+	08:38.8	385
186	0:51:57	HARRIS, Claire	Torrington AAC	female 15-34	08:39.3	1442
187	0:52:28	LITTLEWOOD, Ian	East Cornwall Harriers	male 35-39	08:44.5	210
188	0:52:30	HYDE, Jason	Plymouth Muskateers	male 35-39	08:44.8	1418
189	0:52:33	HEDDERLY, Jo	Bideford AAC	female 40-44	08:45.3	1452
190	0:52:40	PARSONS, Alison	Bodmin Womens RC	female 45-49	08:46.5	1454
191	0:52:40	BRADY, Jeanette	Bodmin Womens RC	female 45-49	08:46.5	1455
192	0:52:47	POOL, Mary	Bideford AAC	female 55-59	08:47.7	320
193	0:52:48	EDWARDS, Kathryn	North Devon RR	female 50-54	08:47.8	389
194	0:52:49	WISE, Matthew	Launceston Road Runners	male 35-39	08:48.0	1444
195	0:52:55	GRANT, Karen	North Devon RR	female 50-54	08:49.0	297
196	0:52:56	RESQUIRREL, Malcolm		male 40-44	08:49.2	1409
197	0:53:00	MORSE, Nicky	Mounts Bay Harriers	male 55-59	08:49.8	376
198	0:53:07	SPEAKE, Georgina	St Austell RC	female 35-39	08:51.0	328
199	0:53:12	DREW, Barry	Carn Runners	male 65-69	08:51.8	209
200	0:53:14	BARNBROOK, Samantha	Bideford AAC	female 35-39	08:52.2	253
201	0:53:17	COZENS, Keith		male 65-69	08:52.7	365
202	0:53:26	BARRIBALL, Julie	Launceston Road Runners	female 45-49	08:54.2	290
203	0:53:27	ZAHARIA, Margaret	Torrington AAC	female 40-44	08:54.3	410
204	0:53:35	THOMPSON, John	Newquay Road Runners	male 55-59	08:55.7	403
205	0:53:36	DAVEY, Leaha		female 15-34	08:55.8	472
206	0:53:39	NORRIS, Chris	Launceston Road Runners	male 40-44	08:56.3	363
207	0:53:43	BOARDMAN, Diane	Truro Running Club	female 15-34	08:57.0	485
208	0:53:46	KAUFMAN-HILL, Joanne	Bideford AAC	male 45-49	08:57.5	1449
209	0:53:47	STEPHENS, Jane	Bodmin Road Runners	female 45-49	08:57.7	307
210	0:53:57	GLOVER, Ruth	Mounts Bay Harriers	female 15-34	08:59.3	375
211	0:53:58	KNOTT, Steve	Crediton Running Neywork	male 55-59	08:59.5	215
212	0:53:59	MIGUEL-LOPEZ, Amanda		female 45-49	08:59.7	232
213	0:54:02	SAUNTER, Jenny	Bodmin Womens RC	female 45-49	09:00.2	338
214	0:54:22	CRYER, Jon		male 60-64	09:03.5	250
215	0:54:30	WALKER, Chris	Bodmin Road Runners	male 45-49	09:04.8	423
216	0:54:31	LAKE, Clare		female 15-34	09:05.0	420
217	0:54:32	EMMETT, Nicola	Launceston Road Runners	female 40-44	09:05.2	286
218	0:54:35	STEELE, Gemma	Bideford AAC	female 15-34	09:05.7	1457
219	0:54:39	NEWTON, Roy	Falmouth Road Runners	male 65-69	09:06.3	202
220	0:55:03	HILLMAN, Michaela	Torrington AAC	female 50-54	09:10.3	1432
221	0:55:11	BOTTING-PAGE, David		male 65-69	09:11.7	305
222	0:55:13	MARTIN, Steven		male 40-44	09:12.0	325
223	0:55:17	ATAACK, Katherine		female 35-39	09:12.7	454
224	0:55:21	CAROFIOLIO, Francesca	Bude Rats	female 15-34	09:13.3	243
225	0:55:22	FINDING, Annie	Stibb Stompers	female 60-64	09:13.5	352
226	0:55:24	CARR, Martin	Stainland Lions	male 40-44	09:13.8	457
227	0:55:27	THOMAS, Owain	Plymouth Muskateers	male 35-39	09:14.3	1411
228	0:55:31	HOLMES, Alison		female 45-49	09:15.0	402
229	0:55:35	LATHOM, Janet	Launceston Road Runners	female 55-59	09:15.7	296
230	0:55:36	BENFORD, Kirsty		NDB	09:15.8	1440
231	0:55:39	VAN DER LINDEN, Sarah		female 15-34	09:16.3	412
232	0:55:50	CADMAN, Jenny	Torrington AAC	female 15-34	09:18.2	381
233	0:55:51	MACEY, Marcia	Plymouth Harriers	female 55-59	09:18.3	282
234	0:55:53	SMITH, Susan	Bude Rats	female 55-59	09:18.7	223
235	0:56:05	PIPE, Nicola	Launceston Road Runners	female 40-44	09:20.7	358
236	0:56:11	JENKIN, Kim	Bideford AAC	female 15-34	09:21.7	280
237	0:56:11	MURRAY, Leonie	Bideford AAC	female 15-34	09:21.7	468
238	0:56:16	SMITH, Peter	East Cornwall Harriers	male 45-49	09:22.5	446
239	0:56:20	HOLT, Victoria	Launceston Road Runners	female 15-34	09:23.2	1443

<u>Pos</u>	<u>FinTime</u>	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
240	0:56:27	FURSY, David		male 50-54	09:24.3	416
241	0:56:38	HEYWOOD, Steve	Bideford AAC	male 60-64	09:26.2	235
242	0:56:52	STEVENSON, Jamie		male 45-49	09:28.5	428
243	0:56:55	CROTHALL, Hatty		female 15-34	09:29.0	1421
244	0:56:56	VENNING, Martin	Launceston Road Runners	male 65-69	09:29.2	453
245	0:56:57	MCAUGHEY, Peter	Launceston Road Runners	male 45-49	09:29.3	285
246	0:56:58	GILMORE, Michael	Bideford AAC	male 70+	09:29.5	390
247	0:57:05	MARTIN, Sue	Torrington AAC	female 50-54	09:30.7	360
248	0:57:09	BROWN, Adrian	Launceston Road Runners	male 35-39	09:31.3	362
249	0:57:16	NEWBERRY, Suzy	Launceston Road Runners	female 35-39	09:32.5	321
250	0:57:18	GIBSON, Faye	Dreckly Runners	female 35-39	09:32.8	368
251	0:57:27	GOODWIN, Laura		female 15-34	09:34.3	408
252	0:57:29	BURKE, Lyndsey		female 35-39	09:34.7	451
253	0:57:31	DOOLAN, Lisa		female 35-39	09:35.0	437
254	0:57:40	WESTAWAY, Mark		male 40-44	09:36.5	248
255	0:57:41	WATKINS, Adam		male 35-39	09:36.7	249
256	0:57:42	BARKER, Alice	Bodmin Road Runners	female 15-34	09:36.8	310
257	0:57:43	JEFFERY, Grant		male 35-39	09:37.0	274
258	0:57:45	ALSWORTH, Michael	100 Marathon Club	male 60-64	09:37.3	377
259	0:57:46	YEO, Elizabeth		female 15-34	09:37.5	496
260	0:57:47	WERREN, Katrina		female 15-34	09:37.7	495
261	0:58:05	TOLLEY, Sarah		female 35-39	09:40.7	475
262	0:58:07	SWIFT, Sarah	Launceston Road Runners	female 15-34	09:41.0	324
263	0:58:19	MORSE, Jackie	Mounts Bay Harriers	female 55-59	09:43.0	212
264	0:58:20	SQUIRE, Susan	Torrington AAC	female 45-49	09:43.2	379
265	0:58:21	THOMAS, Louise	Bodmin Womens RC	female 15-34	09:43.3	318
266	0:58:22	PRITCHARD, Jane	Launceston Road Runners	female 50-54	09:43.5	277
267	0:58:26	STEVENSON, Emma		female 40-44	09:44.2	427
268	0:58:34	CLARKE, Ray		male 45-49	09:45.5	327
269	0:58:36	JAMESON, Judy	Carn Runners	female 55-59	09:45.8	203
270	0:58:50	HARWOOD, Elly	Bude Rats	female 15-34	09:48.2	414
271	0:58:52	GARDNER, Catherine		female 45-49	09:48.5	493
272	0:59:04	WELLS, Janet	Bude Rats	female 45-49	09:50.5	388
273	0:59:12	SMITH, Lotte	Okehampton R C	male 45-49	09:51.8	406
274	0:59:26	FORD, Sarah	Crediton Running Neywork	female 45-49	09:54.2	216
275	0:59:38	BRYANT, Sally	Crediton Running Neywork	female 55-59	09:56.2	213
276	0:59:45	GILL, Tina		female 50-54	09:56.5	205
277	0:59:53	JONES, Joanna		female 15-34	09:57.3	497
278	0:59:53	HADFIELD, Dawn	Launceston Road Runners	female 45-49	09:58.7	370
279	1:00:03	KINSMAN, Emma		female 15-34	09:58.7	488
280	1:00:07	KINSMAN, Lindsey		female 40-44	10:00.3	487
281	1:00:09	KELLY, Tina	Bodmin Womens RC	female 45-49	10:01.0	378
282	1:00:14	ANDREAS, Sophie		NDB	10:01.3	1445
283	1:00:25	CORNEY, Robert		male 65-69	10:02.2	218
284	1:00:31	BOX, Sharon		female 45-49	10:04.0	302
285	1:00:58	JONES, Jane		female 50-54	10:05.0	294
286	1:00:59	JONES, Caroline		female 35-39	10:09.5	247
287	1:01:00	SPEAK, Katy	Okehampton R C	female 50-54	10:09.7	470
288	1:01:05	VINCENT, Giuseppina	Dreckly Runners	female 55-59	10:09.8	369
289	1:01:09	BRAY, Dalton		male 15-34	10:10.7	1459
290	1:01:09	SHADRICK, Keith		male 65-69	10:11.3	345
291	1:01:13	GIBSON, Claire	Plymouth Coasters	female 40-44	10:11.3	392
292	1:01:15	GOLDSMITH, Neil		male 40-44	10:12.0	391
293	1:01:17	HOLDCROFT, Emma		female 40-44	10:12.3	474
294	1:01:40	KINGTON, Norris	Cornwall AC	male 70+	10:12.7	315
295	1:02:17	TREGEAR, Sarah	Mounts Bay Harriers	female 15-34	10:16.5	222
296	1:02:33	SMITH, Glenda		female 45-49	10:22.7	491
297	1:02:33	MANDER, Peter	Launceston Road Runners	male 70+	10:25.3	238
298	1:02:44	POMEROY, Rachel	Bradworthy RG	female 15-34	10:25.3	317
299	1:03:19	CANN, Sarah	Bude Rats	female 15-34	10:27.2	413

<u>Pos</u>	<u>FinTime</u>	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
300	1:03:20	CROWELLS-HODGE, Kate	Launceston Road Runners	female 15-34	10:33.0	245
301	1:03:32	WILD, Emma	Launceston Road Runners	female 35-39	10:33.2	395
302	1:03:33	BRAUND, Marion	Crediton Running Neywork	female 55-59	10:34.0	219
303	1:03:59	CLOKE, Phil		male 60-64	10:35.2	440
304	1:04:03	HUBBER, Eric	Bideford AAC	male 70+	10:35.3	357
305	1:04:37	FLACK, Steve		male 50-54	10:39.7	201
306	1:04:38	COURTNEY, James		male 45-49	10:40.3	220
307	1:04:53	HORTON, Ann	Newquay Par AC	female 65+	10:46.0	265
308	1:05:26	STAPLE, Lucy		female 35-39	10:46.2	263
309	1:05:29	DUNCAN, Elizabeth		female 35-39	10:48.7	323
310	1:05:37	WONG-BROOKS, Lai-Yin	Plymouth Harriers	female 40-44	10:54.2	1427
311	1:05:39	HUXTABLE, Sarah	Bradworthy RG	female 35-39	10:54.7	260
312	1:05:56	DANIEL, Leanne		female 15-34	10:56.0	380
313	1:06:00	BOWDEN, Jenny	Newquay Road Runners	female 50-54	10:56.3	400
314	1:06:32	MARSH, Kathryn	Dreckly Runners	female 40-44	10:59.2	367
315	1:06:36	SQUIRES, Mike		male 15-34	10:59.8	1446
316	1:06:37	GRILLS, Rachel		female 15-34	11:05.2	348
317	1:06:54	METHERELL, Ian		male 50-54	11:05.8	443
318	1:07:06	PERRING, Sharon	Bodmin Womens RC	female 40-44	11:06.0	343
319	1:07:07	DAVIS, Stephen	Preston Gate	male 55-59	11:08.8	480
320	1:08:15	FROST, Nicola		female 40-44	11:10.8	246
321	1:08:31	LAWRENCE, Steve	Falmouth Road Runners	male 60-64	11:11.0	283
322	1:08:37	GARRARD, David	Falmouth Road Runners	male 65-69	11:22.3	339
323	1:08:54	WALKER, Belinda	Bradworthy RG	female 50-54	11:25.0	261
324	1:10:13	DALTON, Beverley	Falmouth Road Runners	female 60-64	11:26.0	251
325	1:10:13	DALTON, Martin	Falmouth Road Runners	male 60-64	11:28.8	252
326	1:10:28	ROSS, Sarah Jane	Tamar Trotters	female 50-54	11:42.0	364
327	1:10:28	PAPWORTH, Sarah	Tamar Trotters	female 45-49	11:42.0	1413
328	1:11:01	YATES, Viv	North Devon RR	female 65+	11:44.5	256
329	1:11:03	GUTTERIDGE, Anita	North Devon RR	female 45-49	11:44.5	255
330	1:13:10	LAWSON, Verity		female 40-44	11:50.0	354
331	1:13:10	ELLMER, Gill		female 50-54	11:50.3	355
332	1:13:10	HUMPHRIES, Georgia		female 40-44	12:11.5	356
333	1:13:57	HOBBS, Nicola	Plymouth Coasters	female 45-49	12:11.5	404
334	1:14:05	CARTER, Andree	Bradworthy RG	female 55-59	12:11.5	262
335	1:14:29	MOXHAY, Marion	Plymouth Muskateers	female 55-59	12:19.3	231
336	1:15:50	CANN, Ron		male 55-59	12:20.6	306
337	1:16:34	LYON, Melissa	Bude Rats	female 15-34	12:24.6	450
338	1:17:12	JONES, Margaret	North Devon RR	female 65+	12:38.1	284
339	1:17:32	ROWLAND, Nicole	Bude Rats	female 15-34	12:45.5	456
340	01:17:33	ASHFORD, Simon	Moorhaven RC	male 45-49	12:51.8	384
341	01:18:19	WARREN, Janice	Hastings Road Runners	female 65+	12:55.1	1451
342	01:18:28	WELSH, Michelle	Bude Rats	female 15-34	12:55.3	452