

Junior RATS General Info

Bude RATS aims to provide a positive and safe training environment for all children and young people taking part in any of the clubs running activities.



BUDE RATS JUNIOR TRAINING **Thursdays 5.30-6.30pm** **(Starts first Thursday after Easter Holidays until October Half Term)**

Children Aged 8-18 years welcome

Please meet at the **Pitch and Putt hut** on Summerleaze Down midway between the Sainsbury car park and Crooklets car park. Best to park in Crooklets car park (currently free after 6pm) and walk up between Crooklets Car Park and Sainsburys.

Junior membership £20 for the year

Clothing Available:
Junior RATS Hoodies £15
Junior RATS Tee's £8

For further details contact Nathan Lyon
Parents may be asked to assist in a session.

Welfare

Bude RATS is fully committed to safeguarding and promoting the wellbeing of all its members including all our Juniors. The Club believes that it is important that members, coaches, administrators and parents associated with the Club should, at all times, show respect and understanding for the safety and welfare of others, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the welfare officer. The Bude RATS Welfare Officer is Matt Hodgson and you can contact him through the email on the website. You may also contact any member of the Club Committee - please see the website.

Bude RATS is a volunteer run organisation. All individuals who attend do so of their own free will and are expected to follow the rules:

1. All members must play within the rules and respect coaches, officials, volunteers and their decisions.
2. All members must respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion.
3. Members should keep to agreed timings for training and competitions or inform their coach if they are going to be late (Junior Coach -Matt Hodgson 07967 981275)
4. Members must wear suitable kit according to weather conditions for training sessions and competition.
5. If a child has an injury or illness the parent must make a judgement as to whether it is appropriate for the child to train and must inform the coach of the problem.

6. Members are advised to bring water bottles to avoid dehydration.
7. Members must pay membership fee promptly.
8. Children who are 14 years of age and wish to train with the adult groups should speak to either the junior coaches or a committee member first. Only children (14 yrs +) considered to have the appropriate level of maturity and running ability as well as a nominated adult (parent/carer to run with them and look after them if required) will be approved by the club committee to run with the adult groups. Anyone over the age of 16 can join an adult group but should speak with a run leader first to ensure that they begin on the correct night in the correct group.
9. Children wishing to take part in the Thursday Junior Session 5.30-6.30pm do not need to be supervised by an adult but parents may be called upon to help supervise some sessions.

Discipline Procedure

Should an individual continue to break the rules or disrupt the sessions on a regular basis the following procedure will be implemented:

1. A verbal warning will be given to the individual advising them that their behaviour is not acceptable and offering advice on measures needed to resolve the problems.
2. Should the behaviour continue a letter will be sent home to the parents advising them of their child's behaviour and if there are any further incidents their child will not be welcome to continue coming to Bude RATS.
3. Finally if there *are* further incidents a letter will be sent to the parent advising them their child is no longer welcome at Bude RATS and the reasons why.