

Bude Lifeboat - 2022

Team Results M/F

Bib	Name	MF Pos	Gun Time
1.	Bideford AAC 1	10	
371	Mark Jenkin	1.	0:34:34
319	James Pugsley	2.	0:36:10
244	Keith Shapland	3.	0:36:38
423	Nick Lapham	4.	0:37:12
2.	Bideford AAC 2	39	
425	John Odonoghue	5.	0:37:59
375	Ian Gooding	6.	0:38:03
234	Martin Colwill	11.	0:39:36
283	Gary Blight	17.	0:40:32
3.	Truro Running Club 1	78	
98	Alex Marples	7.	0:38:19
285	Robert Chirgwin	18.	0:40:36
224	Michael Rooney	21.	0:40:57
255	Ralph Graves	32.	0:43:22
4.	Bideford AAC 3	140	
333	Gary Suggate	25.	0:42:17
387	Mark Curtis	30.	0:43:05
362	Blake Shapland	40.	0:44:36
36	Vincent Helliwell	45.	0:45:02
5.	Bude Rats (Run and Tri) 1	179	
22	Andy Davis	19.	0:40:45
405	Jeremy Brown	28.	0:42:30
433	Craig Harper	55.	0:45:58
360	Andy Cloke	77.	0:48:33
6.	Launceston Road Runners 1	208	
287	Lewis Stritch	13.	0:39:48
400	Mike Gilbert	60.	0:46:29
398	Nigel Reddicliffe	61.	0:46:34
114	Benjamin Jarram	74.	0:48:19
7.	Truro Running Club 2	215	
253	Andrew Blizzard	34.	0:43:42
247	Colin Bathe	47.	0:45:09
298	Chris Chirgwin	65.	0:47:06
222	Donal Breen	69.	0:47:28
8.	St Austell Running Club 1	228	
239	Jamie Masters	8.	0:38:34
396	James Youlden	12.	0:39:39
238	Iain Walker	59.	0:46:21
316	Steve Tregidgo	149.	1:04:00
9.	Torrington AAC 1	232	
169	Nick Taylor	39.	0:44:35
157	Wayne Stapleton	49.	0:45:13
161	Richard Wilson	64.	0:46:49
133	Keith Hoadley	80.	0:49:02

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10. East Cornwall Harriers 1 235			
286	Liam Gallantry	10.	0:39:11
323	Ben Harding	48.	0:45:11
73	John Sudell	88.	0:50:26
444	Ian Crowle	89.	0:50:44
11. Bideford AAC 4 286			
334	Evan Suggate	50.	0:45:13
263	Andrew Pearson	66.	0:47:11
94	Matt East	83.	0:49:30
66	Steve Sanders	87.	0:50:25
12. Bradworthy Runners 1 307			
402	Ian Blythe	31.	0:43:20
113	Ashley Starr	63.	0:46:42
38	Paul Barnes	105.	0:53:53
357	Mike Dauncey	108.	0:54:21
13. Camelford Up and Running 1 328			
205	David Hunt	46.	0:45:09
68	Matt Allan	58.	0:46:21
86	Andrew Mansfield	96.	0:52:10
41	Michael Brereton	128.	0:57:58
14. Launceston Road Runners 2 382			
231	Adam Paynter	91.	0:51:19
413	David Parish	94.	0:51:46
15	Wayne Rundle	98.	0:52:25
217	Nick Harrison	99.	0:52:29
15. Bude Rats (Run and Tri) 2 399			
336	Stuart Colwill	82.	0:49:25
97	Nigel Grant	92.	0:51:20
223	Stuart Lockyer	112.	0:55:06
303	Nigel Gardiner	113.	0:55:08
16. Torrington AAC 2 456			
164	Darren Avery	90.	0:51:13
383	Conrad Stevens	95.	0:51:53
190	Colin Wynne	118.	0:56:31
379	Ian Snow	153.	1:07:40
17. Bideford AAC 5 479			
122	Clive Bright	103.	0:53:39
213	Gary Hatch	116.	0:56:02
366	John Sleep	124.	0:57:45
124	Mark Fundrey	136.	0:59:35
18. Bodmin Road Runners 1 542			
119	Marty Barnfield	76.	0:48:32
208	Ian Ringer	150.	1:04:03
77	John Tilley	152.	1:05:53
120	Sean Taylor	164.	1:12:58

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19.	Falmouth Road Runners 1	625	
106	James Danks	146.	1:03:00
414	Robert Willcocks	147.	1:03:21
108	Roy Newton	160.	1:10:32
52	Steve Lawrence	172.	1:24:35
