

Bude Lifeboat Run - 2023

Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime	2022
Bude Lifeboat Run - 2023								
1	254	Joshua Benford	Male Under 35	Bideford AAC	0:34:18	0:34:17		
2	446	David Tregonning	Male Under 35	St Austell Running Club	0:36:43	0:36:42		
3	352	Steve Reynolds	Male 35-39	Truro Running Club	0:37:03	0:37:02		
4	447	Luke Stannus	Male Under 35	Okehampton RC	0:37:38	0:37:37		
5	424	John Odonoghue	Male 35-39	Bideford AAC	0:37:59	0:37:58	00:37:58	
6	41	Dylan Stevens	Male Under 35	Newquay & Par AC	0:38:14	0:38:12		
7	311	Alex Marples	Male 40-44	Truro Running Club	0:39:02	0:39:01	00:38:19	
8	235	Morgan Craig	Male 40-44		0:40:14	0:40:11		
9	120	James Youlden	Male 40-44	St Austell Running Club	0:40:17	0:40:15	00:39:37	
10	337	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:40:30	0:40:28	00:39:10	
11	439	Hayden Bond	Male Under 35	Tavistock AC	0:40:52	0:40:50		
12	220	Dean Wickett	Male Under 35		0:40:54	0:40:52	00:41:41	
13	322	Carl Murphy	Male 45-49	Truro Running Club	0:41:02	0:41:00	00:45:06	
14	123	Antony Jarvis	Male 50-54	St Austell Running Club	0:41:05	0:41:04	00:40:50	
15	242	Gary Blight	Male 45-49	Bideford AAC	0:41:22	0:41:21	00:40:31	
16	437	Harry Page	Male Under 35		0:41:47	0:41:44	00:43:36	
17	290	Tom Brunet-Chugg	Male 40-44	St Austell Running Club	0:41:55	0:41:53		
18	398	Jeremy Brown	Male 50-54	Bude Rats (Run and Tri)	0:41:55	0:41:50	00:42:29	
19	42	Paul Stevens	Male 45-49	St Austell Athletes Running Club	0:42:19	0:42:16		
20	186	James Jewell	Male 45-49	Bideford AAC	0:42:21	0:42:19		
21	202	Mike Dowrick	Male 50-54	Cornwall AC	0:42:39	0:42:36	00:42:37	
22	265	Robert Standing	Male 50-54	Truro Running Club	0:42:45	0:42:42		
23	68	Gareth Leitch	Male Under 35		0:43:10	0:43:04		
24	378	Jo Temple	Female Under 35	Truro Running Club	0:43:19	0:43:17		
25	205	Andrew Hooper	Male Under 35		0:43:21	0:43:18		
26	339	Joseph Thomson	Male 35-39	Launceston Road Runners	0:43:31	0:43:28		
27	264	Jon Eldon	Male 60-64	Hayle Runners	0:43:37	0:43:35	00:44:51	
28	125	Brett Jackson	Male 35-39	St Austell Running Club	0:43:45	0:43:43		
29	236	Mark Roby	Male 45-49	Truro Running Club	0:43:49	0:43:46		
30	180	Nick Taylor	Male 35-39	Torrington AAC	0:43:58	0:43:50	00:44:28	
31	448	Mark Curtis	Male 45-49	Bideford AAC	0:43:58	0:43:55	00:43:02	
32	348	Jack Gale	Male Under 35		0:44:04	0:44:00		
33	371	Richard	Male 40-44	Truro Running Club	0:44:23	0:44:20		
34	143	Luke Day	Male Under 35	Ilfracombe Running Club	0:44:47	0:44:44	00:45:36	
35	5	Vincent Helliwell	Male 60-64	Bideford AAC	0:44:52	0:44:49	00:44:59	
36	313	Ben Harding	Male 40-44	East Cornwall Harriers	0:44:58	0:44:55	00:45:10	
37	379	Ashley Jewell	Male 40-44	Bideford AAC	0:45:13	0:45:10		
38	25	Chris Stone	Male 55-59	Bideford AAC	0:45:21	0:45:19		
39	69	Saul Barraclough	Male Under 35	Bude Surf Life Saving	0:45:57	0:45:53	00:43:59	
40	449	Joanne Page	Female 35-39	Okehampton RC	0:46:20	0:46:17		
41	328	Lisa Picton	Female 45-49	East Cornwall Harriers	0:46:22	0:46:18		
42	338	Kelvin Moyse	Male 35-39		0:46:36	0:46:29		
43	105	Stewart Charge	Male 40-44		0:46:41	0:46:30		
44	314	Colin Bathe	Male 50-54	Truro Running Club	0:47:02	0:46:57	00:45:04	
45	306	Simon Bishop	Male 40-44		0:47:16	0:47:08		
46	24	Nick Giles	Male 40-44		0:47:16	0:47:14		
47	88	Craig Harper	Male 45-49	Bude Rats (Run and Tri)	0:47:23	0:47:18	00:45:49	
48	107	Neil Helson	Male 50-54	St Austell Athletes Running Club	0:47:36	0:47:31	00:45:37	
49	38	Matt Allan	Male 40-44	Camelford Up and Running	0:47:41	0:47:37	00:46:17	

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Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime2022
50	256	Mike Gilbert	Male 35-39	Launceston Road Runners	0:47:47	0:47:40	00:46:25
51	83	Marty Barnfield	Male 45-49	Bodmin Road Runners	0:48:00	0:47:55	00:48:29
52	316	Helen Morse	Female 35-39	East Cornwall Harriers	0:48:02	0:47:58	00:46:15
53	212	Russell King	Male 40-44	Falmouth Running Club	0:48:07	0:48:01	
54	323	Dave Barker	Male 55-59	Fremington Trailblazers	0:48:08	0:48:01	
55	81	Zack Davis	Male Under 35	Bude Rats (Run and Tri)	0:48:16	0:48:12	00:47:25
56	377	David Thomson	Male 60-64		0:48:21	0:48:17	
57	216	Anna Tanner	Female 40-44		0:48:23	0:48:20	00:50:17
58	122	Ian Gronwalt	Male 55-59	St Austell Running Club	0:48:30	0:48:28	00:45:17
59	435	Mark Clements	Male 35-39		0:48:51	0:48:44	
60	362	Hannah Matthews	Female 35-39	East Cornwall Harriers	0:48:54	0:48:50	00:47:13
61	408	Frazer Humbles	Male 40-44	Hayle Runners	0:48:55	0:48:51	
62	117	Andrew James	Male 40-44	Hayle Runners	0:48:56	0:48:51	
63	183	Ian Temple	Male 55-59	Bodmin Road Runners	0:48:57	0:48:47	
64	148	Mark Sluggett	Male 50-54	Launceston Road Runners	0:49:01	0:48:57	
65	157	Darren Avery	Male 40-44	Torrington AAC	0:49:01	0:48:52	
66	255	Nigel Reddicliffe	Male 55-59	Launceston Road Runners	0:49:02	0:48:55	00:46:29
67	210	Christopher	Male 55-59		0:49:02	0:48:58	00:48:10
68	154	Wayne Stapleton	Male 50-54	Torrington AAC	0:49:13	0:49:04	00:45:06
69	450	Steve Hudson	Male 40-44		0:49:34	0:49:25	
70	44	Steven Martin	Male 45-49		0:50:14	0:50:06	00:46:31
71	416	Benjamin Jarram	Male 35-39	Launceston Road Runners	0:50:37	0:50:31	00:48:10
72	217	Holly Shute	Female Under 35		0:50:41	0:50:37	00:55:11
73	438	Andy Cloke	Male 45-49	Bude Rats (Run and Tri)	0:50:48	0:50:40	00:48:25
74	370	Andy Williams	Male 50-54	Truro Running Club	0:50:53	0:50:46	
75	373	Robert Ireton	Male 55-59	Camelford Up and Running	0:50:59	0:50:54	00:58:07
76	224	Claire Strong	Female 40-44	Bude Rats (Run and Tri)	0:51:03	0:50:57	00:51:54
77	203	Tristan Wilton	Male 40-44		0:51:09	0:50:43	
78	335	Cal Reeve	Male Under 35		0:51:13	0:51:09	
79	291	John Gatrell	Male 40-44	Bude Surf Life Saving	0:51:17	0:51:11	
80	114	Holly Webbe	Female 40-44	Bideford AAC	0:51:24	0:51:05	
81	132	Edward Clarke	Male Under 35		0:51:28	0:51:10	
82	310	Keith Hoadley	Male 55-59	Torrington AAC	0:51:28	0:51:20	00:48:56
83	211	Rosie Bradbury	Female 35-39	Falmouth Running Club	0:51:33	0:51:27	
84	86	Jenny Bryant	Female 55-59	Tavistock AC	0:51:42	0:51:38	00:50:06
85	82	Peter Allen	Male 65-69	Newquay Road Runners	0:52:19	0:52:13	00:48:23
86	184	Alison Temple	Female 60-64	Bodmin Road Runners	0:52:24	0:52:15	
87	331	Belinda Peres	Female 45-49		0:52:39	0:52:37	
88	261	Adam Paynter	Male 50-54	Launceston Road Runners	0:52:53	0:52:42	00:51:14
89	84	David Thomasson	Male 50-54	Bodmin Road Runners	0:52:55	0:52:45	
90	391	Issy Edworthy	Female Under 35		0:53:00	0:52:57	
91	366	Conrad Stevens	Male 50-54	Torrington AAC	0:53:02	0:52:54	00:51:45
92	419	Amy Inniss	Female Under 35		0:53:14	0:53:07	
93	420	Alec Inniss	Male 35-39		0:53:14	0:53:08	
94	376	Rhys Hobbs	Male 35-39		0:53:15	0:53:09	
95	85	Steve Horsfield	Male 50-54		0:53:20	0:53:13	
96	58	Kathy Jeffery	Female 35-39		0:53:51	0:53:35	00:51:56
97	319	Laura Eccott	Female 35-39	Bude Rats (Run and Tri)	0:53:53	0:53:47	00:50:52
98	116	David Wilcox	Male 45-49	Truro Running Club	0:53:58	0:53:50	
99	31	Michael Jones	Male Under 35	(no club)	0:54:09	0:53:53	00:50:00
100	428	Brian Yates	Male 60-64	Truro Running Club	0:54:13	0:54:07	

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Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime	2022
101	213	Vicky Fleet	Female 45-49	Falmouth Running Club	0:54:15	0:54:08		
102	350	Tom Arthur	Male 40-44		0:54:16	0:54:05		
103	192	Davina Brown	Female Under 35	Bideford AAC	0:54:24	0:54:18		
104	106	Ben South	Male Under 35		0:54:32	0:54:27		
105	247	Meeta Nicholls	Female 45-49	East Cornwall Harriers	0:54:35	0:54:30	00:53:14	
106	397	Megan Pitts	Female Under 35	Truro Running Club	0:54:38	0:54:30		
107	415	Mark Richardson	Male 50-54	Bradworthy running club	0:54:40	0:54:16		
108	67	Heather Stacey	Female 35-39	Holsworthy Running Club	0:54:43	0:54:33	00:54:22	
109	241	Kelly Bills	Female 45-49	Hayle Runners	0:54:45	0:54:38	00:53:27	
110	204	Jason Price	Male 50-54		0:54:51	0:54:45		
111	238	Steven Jenkin	Male 50-54	Cornwall AC	0:54:58	0:54:37		
112	343	Lucy Kerr	Female Under 35		0:55:06	0:54:57		
113	429	Jonathan Highet	Male 40-44	Bude Surf Life Saving	0:55:08	0:55:00		
114	303	George Harvey	Male Under 35		0:55:10	0:55:06		
115	179	Steph Olliffe	Female 55-59	Torrington AAC	0:55:17	0:55:08	00:52:06	
116	263	Vivian Bray	Male 55-59	Cornwall AC	0:55:17	0:54:56		
117	185	Candace Jewell	Female 45-49	Bideford AAC	0:55:26	0:55:06		
118	40	Ellie Musson	Female 35-39	Camelford Up and Running	0:55:33	0:55:24		
119	161	Andrew Mansfield	Male 45-49	Camelford Up and Running	0:55:39	0:55:35	00:52:06	
120	327	Alison Weir	Female 50-54	Falmouth Running Club	0:55:40	0:55:33		
121	422	Laura Barker	Female Under 35		0:55:41	0:55:24		
122	90	Peter James	Male 45-49	Launceston Road Runners	0:55:43	0:55:22		
123	35	Jack Gibson	Male Under 35	Camelford Up and Running	0:55:47	0:55:32		
124	365	Emma Richards	Female 50-54	Torrington AAC	0:55:51	0:55:30		
125	223	Ben Rogers	Male 40-44	Bude Rats (Run and Tri)	0:56:09	0:56:00	00:56:10	
126	387	Stephen	Male 70+	Bude Rats (Run and Tri)	0:56:12	0:56:07		
127	436	Andrew Bishop	Male 35-39	Run Fit Run Fast	0:56:12	0:55:58		
128	63	Lisa Hutchings	Female 40-44	Hartland Hillbillies	0:56:18	0:56:12		
129	181	Andy Whelan	Male 55-59		0:56:20	0:55:55	00:54:04	
130	182	Lisa Tame	Female 40-44	Bude Rats (Run and Tri)	0:56:23	0:56:16		
131	243	Jenna Sleeman	Female 35-39	Camelford Up and Running	0:56:28	0:56:19	00:54:44	
132	287	Shaun Heard	Male 50-54	Bradworthy Runners	0:56:32	0:56:26		
133	26	Simone Pantling	Female 40-44	Bude Surf Life Saving	0:56:39	0:56:30	00:59:19	
134	374	Annie Creo	Female 50-54	Bude Rats (Run and Tri)	0:56:42	0:56:32		
135	355	Gemma Steele	Female 35-39	Bideford AAC	0:56:53	0:56:32	00:52:29	
136	51	Michelle Bright	Female 45-49	Bideford AAC	0:57:01	0:56:40	00:53:24	
137	150	Jane Stedman	Female 60-64	Bodmin Road Runners	0:57:07	0:56:44	00:55:06	
138	434	Michael	Male 45-49	Torrington AAC	0:57:42	0:57:18		
139	46	Matt Payne	Male 45-49		0:57:49	0:57:19		
140	65	Wayne Washbrook	Male 35-39	Bideford AAC	0:58:03	0:57:43		
141	172	Rachel Collier	Female 45-49		0:58:19	0:58:09		
142	445	David Bidgway	Male 50-54	Bodmin Road Runners	0:58:20	0:57:51		
143	426	Eoin Stockdale	Male 50-54	Carn Runners	0:58:22	0:57:54		
144	74	Linzi Hanscomb	Female 40-44	Bodmin Road Runners	0:58:27	0:58:04		
145	113	Mark Simpson	Male 35-39	Launceston Road Runners	0:58:31	0:58:15		
146	93	Percy Jeans	Male 60-64		0:58:35	0:58:24		
147	354	Jake Todd	Male Under 35		0:58:38	0:58:17		
148	367	Michaela Hillman	Female 55-59	Torrington AAC	0:58:42	0:58:32		
149	239	Sue Park	Female 60-64	Fremington Trailblazers	0:58:59	0:58:45	00:53:09	
150	206	Ellen Gibson	Female Under 35	Cornwall AC	0:59:05	0:58:44		
151	229	Mike Bawden	Male 60-64	Carn Runners	0:59:09	0:58:47	00:57:56	

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152	442	Ann Barriball	Female 50-54	Launceston Road Runners	0:59:10	0:59:03	00:59:36	
153	43	Merryn Allen	Female 40-44	Holsworthy Running Club	0:59:16	0:58:47		
154	10	Melodie Manners	Female Under 35	Hayle Runners	0:59:17	0:59:17		
155	162	Colin Wynne	Male 55-59	Torrington AAC	0:59:20	0:59:06	00:56:20	
156	386	Lizzie Crocker	Female Under 35		0:59:20	0:59:10	01:00:26	
157	190	Michael Cousins	Male 55-59		0:59:31	0:59:22	00:59:06	
158	405	Rob Petrie	Male 55-59		0:59:37	0:59:27		
159	356	Becki Sant	Female 50-54	Launceston Road Runners	0:59:41	0:59:23		
160	11	Lynsey Searle	Female 35-39	Carn Runners	0:59:50	0:59:32		
161	260	Aleisha Viggers	Female Under 35	Launceston Road Runners	0:59:52	0:59:34		
162	369	Angela Brinicombe	Female 65-69	Launceston Road Runners	0:59:58	0:59:45		
163	136	Jack Westlake	Male Under 35		1:00:00	0:59:38		
164	209	Chris Carey	Male 40-44		1:00:01	0:59:52		
165	109	Richard Abbott	Male 50-54	Holsworthy Running Club	1:00:04	0:59:53	00:55:51	
166	293	Joseph Chapman	Male Under 35		1:00:04	0:59:58	00:53:51	
167	226	Janet Ritchie	Female 60-64	Carn Runners	1:00:05	0:59:51		
168	425	Harry Teague	Male Under 35		1:00:05	0:59:51		
169	421	Jules Teague	Male 55-59		1:00:05	0:59:51		
170	214	Ian Shute	Male 45-49		1:00:15	1:00:10		
171	305	Juliet Stewart	Female 55-59	Truro Running Club	1:00:25	1:00:18		
172	388	Chunky Penhaul	Male 70+	Hayle Runners	1:00:33	1:00:26		
173	104	Georgia Edworthy	Female Under 35		1:00:47	1:00:44		
174	50	Darran Irwin	Male 45-49	North Devon Road Runners	1:01:04	1:00:39		
175	282	Ritchie Richardson	Male 55-59	Bodmin Road Runners	1:01:23	1:00:59		
176	334	Edwina Stevenson	Female 60-64	Bideford AAC	1:01:24	1:01:04		
177	115	Geoff Panter	Male 40-44		1:01:32	1:01:10	00:58:20	
178	170	Paul Garrett	Male 60-64	Just Jog Bideford	1:01:37	1:01:18		
179	324	Seonaidh	Female Under 35		1:01:40	1:01:23		
180	222	Nicola Emmett	Female 45-49	Bude Rats (Run and Tri)	1:01:44	1:01:36	01:02:41	
181	4	Chris Lawson	Male 40-44		1:01:44	1:01:34	00:56:28	
182	15	James Rooney	Male 60-64	Bude Rats (Run and Tri)	1:01:52	1:01:47	00:55:13	
183	155	Andrew Russell	Male 60-64		1:01:53	1:01:40		
184	97	Gary Hatch	Male 50-54	Bideford AAC	1:01:57	1:01:25	00:55:45	
185	301	Karen Heard	Female 50-54	Bradworthy Runners	1:01:58	1:01:33		
186	406	Paula Wilkinson	Female 50-54	Bude Rats (Run and Tri)	1:02:03	1:01:53	01:02:24	
187	342	Lara Trewin	Female 50-54		1:02:06	1:01:49		
188	227	Daniella Christian	Female 45-49		1:02:13	1:02:07		
189	281	Louise Richardson	Female 50-54	Bodmin Road Runners	1:02:16	1:01:52		
190	66	Ian Grimes	Male 70+	Launceston Road Runners	1:02:31	1:02:23	01:01:07	
191	87	Jackie Cope	Female 65-69	Falmouth Running Club	1:02:34	1:02:26		
192	333	Clive Davis	Male 60-64		1:02:37	1:02:09	00:58:51	
193	1	Des Evans	Male 70+	Newquay Road Runners	1:02:45	1:02:41	00:59:31	
194	278	Paul Lathom	Male 35-39		1:02:55	1:02:36	00:59:46	
195	19	Andrea Sleeman	Female 50-54	Holsworthy Running Club	1:02:57	1:02:39		
196	118	James Danks	Male 40-44	Falmouth Running Club	1:03:01	1:02:44	01:02:36	
197	197	Jane Jackson	Female 65-69	Lonely Goat RC	1:03:10	1:02:54	01:04:51	
198	389	Linda Pickard	Female 60-64	Launceston Road Runners	1:03:13	1:02:49	00:59:28	
199	151	Marlene Grobler	Female 40-44	Carn Runners	1:03:16	1:02:50	00:57:54	
200	60	Pauline Tallett	Female 55-59	Ashford Striders	1:03:32	1:03:13		
201	381	Jane Stephens	Female 55-59	Bodmin Road Runners	1:03:35	1:03:15		
202	57	Phillip Thomas	Male 65-69	Bideford AAC	1:03:44	1:03:34		

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203	178	Kate Stevens	Female 45-49	St Austell Running Club	1:03:49	1:03:28		
204	231	Katrina Werren	Female 35-39		1:03:50	1:03:21	00:59:00	
205	336	Emily Parr	Female 40-44	Camelford Up and Running	1:04:16	1:04:08		
206	390	Dave Pickard	Male 60-64	Launceston Road Runners	1:04:19	1:03:54	01:02:20	
207	240	Steve Park	Male 65-69	Fremington Trailblazers	1:04:28	1:04:15		
208	298	Brent Carpenter	Male 40-44	Fremington Trailblazers	1:04:32	1:04:19		
209	297	Hannah Harvey	Female 45-49	Fremington Trailblazers	1:04:32	1:04:19		
210	340	Janine Davage	Female 40-44		1:04:51	1:04:28	01:05:14	
211	349	Rosie Searle	Female 40-44		1:04:51	1:04:28		
212	189	Sally Gostick	Female 45-49		1:04:56	1:04:40		
213	194	Tony Farrant	Male 55-59	Callington Running Group	1:05:07	1:04:37		
214	164	Kev Hogarth	Male 65-69		1:05:08	1:04:37	00:59:32	
215	271	Jill Hayward	Female 65-69	Fremington Trailblazers	1:05:12	1:04:58		
216	13	Emma Deanes	Female 35-39	Camelford Up and Running	1:05:19	1:05:01	01:06:46	
217	368	Jennie Hayes	Female 60-64	Torrington AAC	1:05:29	1:05:04		
218	134	Nick Brewer	Male 45-49		1:05:33	1:05:14		
219	188	Peter Drew	Male 70+	Carn Runners	1:05:33	1:05:06		
220	364	Steve Menear	Male 65-69	St Austell Running Club	1:05:35	1:05:14		
221	295	Suzanne Brown	Female 55-59	Bude Rats (Run and Tri)	1:05:42	1:05:32		
222	249	Austen Ward	Male Under 35		1:05:43	1:05:25		
223	248	Andrew Ward	Male 50-54		1:05:44	1:05:26	00:57:30	
224	12	Elizabeth Uglow	Female 40-44		1:05:50	1:05:28		
225	49	Jordan Menzies	Male Under 35		1:05:54	1:05:34		
226	32	Claire Barlow	Female 45-49	Bodmin Road Runners	1:05:57	1:05:34	01:00:43	
227	34	Latoyah Deane	Female Under 35	Camelford Up and Running	1:06:07	1:05:55		
228	393	William Shute	Male Under 35		1:06:13	1:06:01		
229	131	Ray Clarke	Male 50-54		1:06:16	1:05:57	01:07:57	
230	245	Jackie Webber	Female 60-64		1:06:23	1:06:02		
231	296	Alan Brandwood	Male 70+	Falmouth Running Club	1:06:24	1:06:07		
232	187	Lorrie Woolgar	Female 60-64	Fremington Trailblazers	1:06:28	1:06:15	01:05:05	
233	407	Claire Stone	Female 35-39	Hayle Runners	1:06:28	1:06:17		
234	413	Jake Dickinson	Male Under 35		1:06:31	1:06:00		
235	341	Frederick Hoare	Male 50-54	Let's Go Cani Cross	1:06:44	1:06:27		
236	166	Philip Beale	Male 70+	Just Jog Bideford	1:06:46	1:06:26		
237	126	Sandra Haynes	Female 55-59	Looe Pioneers Running Club	1:06:49	1:06:29	01:04:44	
238	409	Sarah Richardson	Female 45-49	Bradworthy Runners	1:06:52	1:06:27		
239	16	Michael Brereton	Male 40-44	Camelford Up and Running	1:06:55	1:06:32	00:57:48	
240	45	Simon Heard	Male 45-49	Camelford Up and Running	1:06:55	1:06:24		
241	396	Susan Thomas	Female 45-49	Hayle Runners	1:06:56	1:06:40		
242	304	Heather Harper	Female Under 35	Camelford Up and Running	1:06:57	1:06:45		
243	77	Pippa Carey-Jones	Female 35-39	Camelford Up and Running	1:07:02	1:06:33	01:07:31	
244	200	Gareth	Male 45-49		1:07:02	1:06:33		
245	219	Lora Tanner	Female 40-44	Bude Rats (Run and Tri)	1:07:06	1:06:48	01:03:27	
246	6	Chris	Male 65-69	Okehampton RC	1:07:07	1:06:56		
247	207	Lois Briard	Female 40-44	Bude Rats (Run and Tri)	1:07:14	1:06:56	01:03:21	
248	286	Jess Lacey	Female 35-39	Let's Go Cani Cross	1:07:16	1:07:01		
249	363	Mary Ritson	Female 60-64	Torrington AAC	1:07:28	1:07:03		
250	71	Mary Pool	Female 65-69		1:07:39	1:07:27	01:01:52	
251	443	Hannah	Female Under 35		1:07:45	1:07:28		
252	307	Julia Foster	Female 50-54		1:07:48	1:07:41	01:02:25	
253	22	Paul Gardiner	Male 50-54	Camelford Up and Running	1:07:49	1:07:29		

Bude Lifeboat Run - 2023

Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime	2022
254	257	Trina Bradbury	Female 45-49	Launceston Road Runners	1:07:50	1:07:36	01:06:28	
255	233	Kerri Milne	Female 35-39		1:07:51	1:07:17		
256	193	Elaine Hill	Female 50-54	Launceston Road Runners	1:07:51	1:07:38	01:06:23	
257	244	Jacqui Couch	Female 50-54	Torrington AAC	1:07:53	1:07:27	01:04:04	
258	138	Mary Mullarkey	Female 70+	East Cornwall Harriers	1:08:00	1:07:27	01:04:16	
259	96	Jo Hedderly	Female 45-49	Bideford AAC	1:08:33	1:07:57	01:02:31	
260	423	Paul Tappenden	Male 65-69		1:08:43	1:08:29		
261	191	Liz Gayton	Female 50-54		1:09:00	1:08:46		
262	253	Anthea Sussex	Female 50-54	Torrington AAC	1:09:15	1:08:51	01:08:04	
263	130	Helen Cooley	Female 40-44	Bude Rats (Run and Tri)	1:09:19	1:09:00		
264	89	Jodie Harper	Female 40-44		1:09:26	1:09:10	01:07:01	
265	433	Nic Barrett	Female 40-44		1:09:30	1:09:19	01:05:59	
266	110	Rebecca Rice	Female 35-39		1:09:38	1:09:08	01:04:16	
267	208	Al Hadfield	Male 55-59		1:09:43	1:09:28		
268	62	Martin Venning	Male 70+	Launceston Road Runners	1:09:43	1:09:24	01:08:14	
269	383	Rebecca Wise	Female 40-44	Launceston Road Runners	1:09:54	1:09:39		
270	325	Gill Overell	Female 50-54	St Austell Running Club	1:09:55	1:09:43		
271	9	Susan Jarvis	Female 40-44		1:09:58	1:09:27		
272	47	Kate Payne	Female 40-44		1:10:02	1:09:31		
273	302	Vicky Bond	Female 45-49	Okehampton RC	1:10:03	1:09:47		
274	75	Robert Willcocks	Male 60-64	Falmouth Running Club	1:10:04	1:09:56	01:03:10	
275	326	Nina Chell	Female 45-49	Falmouth Running Club	1:10:08	1:09:51		
276	101	Natalia Moores	Female 35-39		1:10:13	1:09:59		
277	384	Victoria Holt	Female 40-44	Launceston Road Runners	1:10:20	1:10:05		
278	344	Natalie Taylor	Female 50-54	Let's Go Cani Cross	1:10:21	1:10:04		
279	119	Roy Newton	Male 70+	Falmouth Running Club	1:10:34	1:10:07	01:10:07	
280	21	Sue Price	Female 50-54	Fremington Trailblazers	1:10:38	1:10:25		
281	135	Rebecca Thomas	Female 45-49	Camelford Up and Running	1:10:52	1:10:25	01:04:15	
282	375	Miranda Honey	Female 45-49	Bodmin Road Runners	1:10:52	1:10:27	01:04:14	
283	276	Tracy Freame	Female 60-64	Fremington Trailblazers	1:10:53	1:10:39		
284	275	Tracey Bigmore	Female 45-49	Fremington Trailblazers	1:10:54	1:10:40		
285	94	Nicky Hicks	Female 45-49	Launceston Road Runners	1:10:59	1:10:48	01:05:23	
286	412	Vikki Savage	Female 50-54	Launceston Road Runners	1:11:08	1:10:56		
287	98	Sean Taylor	Male 55-59	Bodmin Road Runners	1:11:09	1:10:40		
288	121	Jen Williams	Female 40-44	Launceston Road Runners	1:11:15	1:11:02		
289	153	Bridget Stapleton	Female 45-49	Torrington AAC	1:11:32	1:11:06	01:05:45	
290	414	Leah Dickinson	Female 35-39		1:11:44	1:11:14		
291	48	Charlotte	Female Under 35	Bude Rats (Run and Tri)	1:11:49	1:11:31	01:04:41	
292	289	Kathryn Marsh	Female 45-49	Carn Runners	1:11:57	1:11:32	01:04:39	
293	145	Charlotte Elliott	Female Under 35		1:11:58	1:11:23		
294	112	Lesley Taphouse	Female 60-64	Bodmin Road Runners	1:12:02	1:11:34	01:10:09	
295	28	Thomas Cockerill	Male 35-39		1:12:03	1:11:38		
296	30	Stuart Woolley	Male 45-49		1:12:11	1:11:45		
297	80	Judy Jameson	Female 60-64	Carn Runners	1:12:13	1:11:46		
298	2	Holly Hutchins	Female 35-39	Camelford Up and Running	1:12:22	1:12:03	01:09:35	
299	36	Janet Kirkham	Female 65-69	Camelford Up and Running	1:12:22	1:12:03		
300	402	Jade Jennings	Female Under 35	Launceston Road Runners	1:12:27	1:12:03	01:12:30	
301	156	Tom Davies	Male Under 35		1:12:27	1:12:04		
302	102	Kathryn	Female 65-69	Okehampton RC	1:12:31	1:12:14	01:08:56	
303	234	Anna Devlin	Female 55-59	Bude Rats (Run and Tri)	1:12:38	1:12:23		
304	215	Louise Hadfield	Female 50-54	Let's Go Cani Cross	1:12:39	1:12:24		

Bude Lifeboat Run - 2023

Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime 2022
305	411	Steve Brookes	Male 35-39		1:12:41	1:12:31	
306	144	Victoria Hall	Female 45-49	Bodmin Road Runners	1:12:48	1:12:20	01:10:16
307	359	Michelle	Female 60-64	Okehampton RC	1:12:48	1:12:32	
308	91	Emma James	Female 45-49	Launceston Road Runners	1:13:07	1:12:45	
309	7	Geraldine Walter	Female 50-54		1:13:16	1:12:43	01:08:33
310	140	Rebecca Simmons	Female 45-49		1:13:16	1:12:42	01:08:33
311	111	Hannah Woods	Female 45-49		1:13:16	1:12:42	
312	237	Jo Bradford	Female 50-54		1:13:16	1:12:43	01:08:34
313	103	Viki Hayer	Female 40-44		1:13:16	1:12:43	
314	100	Joanne Burrow	Female 40-44		1:13:17	1:12:43	01:08:34
315	372	Anne Brett	Female 65-69	Okehampton RC	1:13:31	1:13:16	
316	225	Jennifer Sharp	Female 60-64	Bude Rats (Run and Tri)	1:13:37	1:13:17	
317	95	Lorraine Hawkins	Female 55-59	Launceston Road Runners	1:13:49	1:13:27	
318	318	Samantha	Female 40-44		1:13:55	1:13:38	01:09:25
319	320	Eleni Snellgrove	Female Under 35		1:13:55	1:13:39	
320	18	Jackie Wells	Female 65-69	Camelford Up and Running	1:14:00	1:13:30	01:10:56
321	400	Angela Tyson	Female 45-49	Newquay Road Runners	1:14:08	1:13:35	
322	401	Victoria Walton	Female 45-49	Newquay Road Runners	1:14:08	1:13:35	
323	79	John Tilley	Male 70+	Bodmin Road Runners	1:14:12	1:13:42	01:05:36
324	441	Yelda Müge	Female 40-44	Hayle Runners	1:14:14	1:14:02	
325	431	Jade Gifford	Female Under 35		1:14:16	1:13:52	
326	174	Shirley Grills	Female 60-64	Bradworthy Runners	1:14:17	1:13:50	01:09:03
327	173	Jane Walter	Female 55-59	Bradworthy Runners	1:14:24	1:13:57	01:08:44
328	251	Keith Shadrack	Male 70+	Bradworthy running club	1:14:34	1:14:05	
329	392	Natalie Donnelly	Female 40-44		1:14:39	1:14:27	
330	37	Lucy Staple	Female 45-49		1:14:42	1:14:34	
331	267	Khaya Paton	Female Under 35	Sports Charity Mwanza	1:14:43	1:14:29	
332	266	Bruce Paton	Male 50-54	Sports Charity Mwanza	1:14:43	1:14:29	
333	14	Rosie Trevains	Female 35-39	Bys Vyken Race Team	1:14:51	1:14:19	01:15:16
334	380	Richard Lloyd	Male 50-54		1:14:58	1:14:29	01:13:01
335	142	Linda Godfrey	Female 65-69		1:15:00	1:14:27	
336	432	Susan Martin	Female 60-64	Torrington AAC	1:15:08	1:14:42	
337	347	Chris Rose	Male 45-49	Let's Go Cani Cross	1:15:12	1:14:54	
338	53	Derek Pearse	Male 70+		1:15:15	1:14:53	
339	137	Claire Baird	Female 50-54	Camelford Up and Running	1:15:42	1:15:31	
340	417	Terina Ellacott	Female 40-44	Holsworthy Running Club	1:15:47	1:15:28	01:13:17
341	168	Robert Bolitho	Male 60-64	Hayle Runners	1:16:28	1:16:04	
342	196	Sarah Parkman	Female 55-59	Camelford Up and Running	1:16:39	1:16:22	
343	64	Joanne Bailey	Female 50-54	Launceston Road Runners	1:16:56	1:16:30	
344	33	Gemma	Female 35-39	Bodmin Women's Running Club	1:17:13	1:16:42	
345	198	Caroline Davies	Female 55-59	Bodmin Women's Running Club	1:17:16	1:16:46	
346	92	Sally Bryant	Female 60-64		1:17:17	1:16:55	
347	358	Dennis Burrell	Male 70+	Carn Runners	1:17:32	1:17:04	
348	99	Naomi Archer	Female 45-49		1:17:37	1:17:02	
349	124	Debbie Stokes	Female 60-64	Bradworthy Runners	1:18:41	1:18:13	01:16:36
350	346	Laura Menzies	Female 40-44	Bradworthy Runners	1:18:42	1:18:14	01:16:43
351	17	Sarah Ford	Female 55-59	Crediton Running Network	1:18:44	1:18:22	
352	167	Sue Colbourne	Female 60-64		1:18:44	1:18:22	
353	171	Ruth Garrett	Female 65-69	Just Jog Bideford	1:19:16	1:18:57	
354	56	Emma Grigg	Female 45-49	Camelford Up and Running	1:19:16	1:19:02	01:10:15
355	59	Bruce Draper	Male 50-54	Launceston Road Runners	1:19:22	1:19:09	00:56:52

Bude Lifeboat Run - 2023

Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime 2022
356	146	Cath Elliott	Female 55-59		1:19:35	1:19:01	
357	430	Natalie Kilford	Female Under 35		1:19:38	1:19:15	
358	55	Helen Baker	Female 55-59	Cornwall Power Runs	1:19:40	1:19:10	
359	8	Elizabeth Kitto	Female Under 35	Camelford Up and Running	1:20:18	1:20:06	
360	169	Julie Bolitho	Female 55-59	Hayle Runners	1:20:28	1:20:04	01:12:12
361	294	Sam Chapman	Male Under 35		1:20:58	1:20:45	01:21:47
362	176	Rosemary Sanders	Female 55-59	Bradworthy Runners	1:21:04	1:20:36	01:14:13
363	269	Robert Saxton	Male 40-44		1:21:39	1:21:06	01:13:01
364	273	Alex Belverstone	Male Under 35		1:21:39	1:21:07	
365	272	Laura Didwell	Female 40-44		1:21:39	1:21:08	
366	54	Rachel Penn	Female 45-49		1:21:44	1:21:22	
367	29	Darren Cornish	Male 50-54		1:22:16	1:21:50	
368	345	Michelle Oseman	Female 55-59	Let's Go Cani Cross	1:22:27	1:22:11	
369	351	Suzanne Tilley	Female 40-44	Callington Running Group	1:22:32	1:22:02	
370	357	Karen Vallance	Female 50-54	Okehampton RC	1:22:44	1:22:10	
371	20	Jasmine Gilkes	Female Under 35		1:22:44	1:22:10	
372	23	Beth Morgan	Female 35-39	Camelford Up and Running	1:23:08	1:22:47	
373	39	Sam Allan	Female 35-39	Camelford Up and Running	1:23:08	1:22:49	01:28:15
374	444	Rachel Hardy	Female 40-44		1:23:28	1:23:06	
375	382	Steve Lawrence	Male 65-69	Falmouth Running Club	1:23:59	1:23:30	01:24:10
376	78	Frank Dunlop	Male 70+		1:24:05	1:23:53	
377	312	Harry Hedley	Male Under 35		1:24:39	1:24:33	
378	299	Molly Tape	Female Under 35		1:24:54	1:24:27	
379	300	Toby Ingle	Male Under 35		1:24:54	1:24:28	00:48:35
380	195	Ria Thompson	Female 35-39	Holsworthy Running Club	1:26:40	1:26:10	01:23:33
381	128	Jennie Massey	Female 60-64	Hayle Runners	1:27:18	1:27:02	01:23:52
382	199	Janet Bragg	Female 65-69	Holsworthy Running Club	1:28:08	1:27:39	01:22:50
383	284	Gavin Hannah	Male 50-54		1:29:25	1:29:07	
384	285	Tamara Reynolds	Female 40-44	Bys Vyken Race Team	1:29:54	1:29:20	
385	147	Yvonne Matthews	Female 55-59	Bys Vyken Race Team	1:29:54	1:29:20	
386	321	Abigail Mansfield	Female Under 35	Camelford Up and Running	1:30:14	1:30:02	
387	230	Kathryn Thomas	Female 45-49	Cornwall AC	1:30:31	1:30:04	
388	175	Lesley Taylor	Female 55-59	Bradworthy Runners	1:30:40	1:30:12	
389	139	Michele	Female 60-64	Bodmin Women's Running Club	1:30:41	1:30:06	
390	332	David Lean	Male 60-64	East Cornwall Harriers	1:31:35	1:31:03	
391	201	David Garrard	Male 70+	Falmouth Running Club	1:35:03	1:34:35	01:26:03
392	3	Sue Coates	Female 45-49	Bys Vyken Race Team	1:41:45	1:41:12	
393	177	Martin Clark	Male 50-54		1:45:05	1:44:30	
DNF	149	Cara Norman	Female 40-44	Camelford Up and Running			

Number of records: 394