

Bude Rats (Bude Run and Tri)

Race Entry Disclaimer

1. Disclaimer for personal injury or death (sporting activity or event)

IMPORTANT NOTICE

Running is physically challenging and carries with it risks that we cannot entirely eliminate. These include the risk of personal injury, such as from falls.

Additional Rules

- You must act responsibly and sensibly at all times.
- You must not participate if under the influence of alcohol or non-prescription drugs.
- You must follow any safety warnings or instructions displayed or given to you by a marshal. If you are unsure please ask a marshal.
- We are not qualified to express an opinion that you are fit to safely participate. You must obtain professional or specialist advice from your doctor before participating.

In the absence of any negligence or other breach of duty by us, participation in [ACTIVITY] is entirely at your risk.

2. Disclaimer for personal injury or death

You are responsible for your safety and running within your limits. The route is challenging with uneven ground, there maybe nearby cliffs or drops and the ground may be slippery. Suitable footwear must be worn depending on the conditions. You must behave sensibly and follow any safety instructions so as not to hurt or injure yourself or others. Due to the nature of the run we expect runners to be experienced runners.

In the absence of any negligence or other breach of duty by us, you are running entirely at your own risk.

3. Disclaimer for loss or damage to property

In the absence of any negligence or other breach of duty by us, we are not responsible for any theft, damage, destruction or loss of your property or belongings while attending the event

By entering the event you are agreeing to these terms and conditions which may vary from time to time.