## 2009 RATs Race Results

6th December '09 Brooks Westward X Country League (Exeter)

Incorporating Devon X Country Championships
Dave, Andrew, Sean.
Andrew achieving a top 10 place in a massive field.

15th November '09 DROGO 10

Lee 1.32, Sean 1.48.

15th Nov '09 Brooks Westward X Country League (St Austell)

Paul, Dave, Brian, Max
Irene, Bridge, Isobel, Helen P. Claire G.

15th November '09 The Cornish Marathon

Basie, Wayne \& James. 3.54

8th November '09 TAVY 7

Ang 54.29, Simon T 55.09.

31st October '09 Sourton Scramble

# Rob, Steve, Vicky, Helen, Ang, Bridge, <br> Tully, Jay, Kit, Bear, Tessa, Emma. <br> Rob first rat home and daughter Emma won the girls category. <br> 18th October '09 Dartmoor Vale Half Marathon 

Max 1.48.

11th October '09 Wadebridge Triathlon

Max 1.44, Mel B 2.03.

11th October '09 Eden Marathon and Half Marathon

James 3.38, Wayne 3.38, Mark 3.50, Basie 4.06, Bridge 4.24
Half Marathon.... Irene 1.57 (1st in cat) Isobel 2.01, Jo 2.06.
earlier information

10 May '09 Bideford 10k (Exeter)

RATS hit May 2009 BIDEFORD 10K en masse!
over 40 Rats ventured out for their first competitive event, with some great results write-up in Bude \& Stratton Post

2009 Bideford 10K results

Mountain RAT spotted in Brecon Beacons!

Wayne the Mountain Rat on tour in the Brecon Beacons

RATETTES' win Commando Challenge!!
the team: Isobelle , Bridget, Gemma, Kate , Dee, Irene

On Sunday 26th April 2009 our team battled it out against 67 other teams at the marines Commando Challenge 2009 to be one of the top finishers. Results on the day indicate their win. However, we are awaiting confirmation (and the trophy).

The challange involved a 4 k run (all up hill!!) followed by a number of time trials and challanges, including a stretcher carry and a grenade attack, before a 4 k evacuation run back to base at Bicton Park.

