

Bude Lifeboat Run - 2023**Gender Results**

<u>Bib</u>	<u>Name</u>	<u>Score</u>	<u>GunTime</u>
Female			
1	East Cornwall Harriers 1	33	
328	Lisa Picton		3 0:46:22
316	Helen Morse		4 0:48:02
362	Hannah Matthews		6 0:48:54
247	Meeta Nicholls		20 0:54:35
2	Bideford AAC 1	90	
114	Holly Webbe		9 0:51:24
192	Davina Brown		19 0:54:24
185	Candace Jewell		26 0:55:26
355	Gemma Steele		36 0:56:53
3	Bude Rats (Run and Tri) 1	92	
224	Claire Strong		8 0:51:03
319	Laura Eccott		17 0:53:53
182	Lisa Tame		32 0:56:23
374	Annie Creo		35 0:56:42
4	Falmouth Running Club 1	119	
211	Rosie Bradbury		10 0:51:33
213	Vicky Fleet		18 0:54:15
327	Alison Weir		28 0:55:40
87	Jackie Cope		63 1:02:34
5	Bodmin Road Runners 1	152	
184	Alison Temple		12 0:52:24
150	Jane Stedman		38 0:57:07
74	Linzi Hanscomb		40 0:58:27
281	Louise Richardson		62 1:02:16
6	Torrington AAC 1	175	
179	Steph Olliffe		25 0:55:17
365	Emma Richards		30 0:55:51
367	Michaela Hillman		41 0:58:42
368	Jennie Hayes		79 1:05:29
7	Launceston Road Runners 1	193	
442	Ann Barriball		44 0:59:10
356	Becki Sant		48 0:59:41
260	Aleisha Viggers		50 0:59:52
369	Angela Brinicombe		51 0:59:58
8	Camelford Up and Running 1	210	
40	Ellie Musson		27 0:55:33
243	Jenna Sleeman		33 0:56:28
336	Emily Parr		72 1:04:16
13	Emma Deanes		78 1:05:19
9	Hayle Runners 1	244	
241	Kelly Bills		23 0:54:45
10	Melodie Manners		46 0:59:17
407	Claire Stone		86 1:06:28
396	Susan Thomas		89 1:06:56
10	Fremington Trailblazers 1	277	
239	Sue Park		42 0:58:59
297	Hannah Harvey		73 1:04:32
271	Jill Hayward		77 1:05:12
187	Lorrie Woolgar		85 1:06:28
11	Bude Rats (Run and Tri) 2	288	

<u>Bib</u>	<u>Name</u>	<u>Score</u>	<u>GunTime</u>
222	Nicola Emmett	57	1:01:44
406	Paula Wilkinson	59	1:02:03
295	Suzanne Brown	80	1:05:42
219	Lora Tanner	92	1:07:06
12	Carn Runners 1	299	
	11 Lynsey Searle	49	0:59:50
	226 Janet Ritchie	52	1:00:05
	151 Marlene Grobler	67	1:03:16
	289 Kathryn Marsh	131	1:11:57
13	Holsworthy Running Club 1	300	
	67 Heather Stacey	22	0:54:43
	43 Merryn Allen	45	0:59:16
	19 Andrea Sleeman	64	1:02:57
	417 Terina Ellacott	169	1:15:47
14	Launceston Road Runners 2	377	
	389 Linda Pickard	66	1:03:13
	257 Trina Bradbury	99	1:07:50
	193 Elaine Hill	101	1:07:51
	383 Rebecca Wise	111	1:09:54
15	Camelford Up and Running 2	385	
	34 Latoyah Deane	83	1:06:07
	304 Heather Harper	90	1:06:57
	77 Pippa Carey-Jones	91	1:07:02
	135 Rebecca Thomas	121	1:10:52
16	Okehampton RC 1	397	
	449 Joanne Page	2	0:46:20
	302 Vicky Bond	115	1:10:03
	102 Kathryn Volkelt-Igoe	138	1:12:31
	359 Michelle Luddington	142	1:12:48
17	Bodmin Road Runners 2	406	
	381 Jane Stephens	69	1:03:35
	32 Claire Barlow	82	1:05:57
	375 Miranda Honey	122	1:10:52
	112 Lesley Taphouse	133	1:12:02
18	Torrington AAC 2	431	
	363 Mary Ritson	95	1:07:28
	244 Jacqui Couch	102	1:07:53
	253 Anthea Sussex	106	1:09:15
	153 Bridget Stapleton	128	1:11:32
19	Bradworthy Runners 1	467	
	301 Karen Heard	58	1:01:58
	409 Sarah Richardson	88	1:06:52
	174 Shirley Grills	160	1:14:17
	173 Jane Walter	161	1:14:24
20	Bude Rats (Run and Tri) 3	469	
	207 Lois Briard	93	1:07:14
	130 Helen Cooley	107	1:09:19
	48 Charlotte Chapman	130	1:11:49
	234 Anna Devlin	139	1:12:38
21	Launceston Road Runners 3	496	
	384 Victoria Holt	118	1:10:20
	94 Nicky Hicks	125	1:10:59
	412 Vikki Savage	126	1:11:08
	121 Jen Williams	127	1:11:15

Bib	Name	Score	GunTime
22	Let's Go Cani Cross 1	543	
286	Jess Lacey	94	1:07:16
344	Natalie Taylor	119	1:10:21
215	Louise Hadfield	140	1:12:39
345	Michelle Oseman	190	1:22:27
23	Camelford Up and Running 3	594	
2	Holly Hutchins	135	1:12:22
36	Janet Kirkham	136	1:12:22
18	Jackie Wells	155	1:14:00
137	Claire Baird	168	1:15:42
24	Launceston Road Runners 4	603	
402	Jade Jennings	137	1:12:27
91	Emma James	143	1:13:07
95	Lorraine Hawkins	152	1:13:49
64	Joanne Bailey	171	1:16:56
25	Camelford Up and Running 4	730	
196	Sarah Parkman	170	1:16:39
56	Emma Grigg	181	1:19:16
8	Elizabeth Kitto	185	1:20:18
23	Beth Morgan	194	1:23:08
26	Bradworthy Runners 2	745	
124	Debbie Stokes	176	1:18:41
346	Laura Menzies	177	1:18:42
176	Rosemary Sanders	187	1:21:04
175	Lesley Taylor	205	1:30:40
27	Bys Vyken Race Team 1	775	
14	Rosie Trevains	165	1:14:51
285	Tamara Reynolds	201	1:29:54
147	Yvonne Matthews	202	1:29:54
3	Sue Coates	207	1:41:45
Male			
1	Bideford AAC 1	41	
254	Joshua Benford	1	0:34:18
424	John Odonoghue	5	0:37:59
242	Gary Blight	15	0:41:22
186	James Jewell	20	0:42:21
2	St Austell Running Club 1	42	
446	David Tregonning	2	0:36:43
120	James Youlden	9	0:40:17
123	Antony Jarvis	14	0:41:05
290	Tom Brunet-Chugg	17	0:41:55
3	Truro Running Club 1	45	
352	Steve Reynolds	3	0:37:03
311	Alex Marples	7	0:39:02
322	Carl Murphy	13	0:41:02
265	Robert Standing	22	0:42:45
4	Bideford AAC 2	137	
448	Mark Curtis	30	0:43:58
5	Vincent Helliwell	34	0:44:52
379	Ashley Jewell	36	0:45:13
25	Chris Stone	37	0:45:21
5	Truro Running Club 2	168	
236	Mark Roby	28	0:43:49
371	Richard Chynoweth	32	0:44:23

<u>Bib</u>	<u>Name</u>	<u>Score</u>	<u>GunTime</u>
314	Colin Bathe	41	0:47:02
370	Andy Williams	67	0:50:53
6	Bude Rats (Run and Tri) 1	179	
398	Jeremy Brown	18	0:41:55
88	Craig Harper	44	0:47:23
81	Zack Davis	51	0:48:16
438	Andy Cloke	66	0:50:48
7	Launceston Road Runners 1	190	
339	Joseph Thomson	25	0:43:31
256	Mike Gilbert	47	0:47:47
148	Mark Sluggett	58	0:49:01
255	Nigel Reddicliffe	60	0:49:02
8	Torrington AAC 1	223	
180	Nick Taylor	29	0:43:58
157	Darren Avery	59	0:49:01
154	Wayne Stapleton	62	0:49:13
310	Keith Hoadley	73	0:51:28
9	Hayle Runners 1	256	
264	Jon Eldon	26	0:43:37
408	Frazer Humbles	55	0:48:55
117	Andrew James	56	0:48:56
388	Chunky Penhaul	119	1:00:33
10	Bodmin Road Runners 1	284	
83	Marty Barnfield	48	0:48:00
183	Ian Temple	57	0:48:57
84	David Thomasson	76	0:52:55
445	David Bidgway	103	0:58:20
11	Camelford Up and Running 1	300	
38	Matt Allan	46	0:47:41
373	Robert Ireton	68	0:50:59
161	Andrew Mansfield	92	0:55:39
35	Jack Gibson	94	0:55:47
12	Launceston Road Runners 2	338	
416	Benjamin Jarram	65	0:50:37
261	Adam Paynter	75	0:52:53
90	Peter James	93	0:55:43
113	Mark Simpson	105	0:58:31
13	Falmouth Running Club 1	487	
212	Russell King	49	0:48:07
118	James Danks	132	1:03:01
296	Alan Brandwood	147	1:06:24
75	Robert Willcocks	159	1:10:04
14	Carn Runners 1	525	
426	Eoin Stockdale	104	0:58:22
229	Mike Bawden	108	0:59:09
188	Peter Drew	140	1:05:33
358	Dennis Burrell	173	1:17:32
15	Launceston Road Runners 3	594	
66	Ian Grimes	128	1:02:31
390	Dave Pickard	134	1:04:19
62	Martin Venning	158	1:09:43
59	Bruce Draper	174	1:19:22