

# Bude Pirate Run - 2024

## Historical Results

Name	Club	Time 2024	Time 2023	Time 2022
<b>Bude Pirate Run 2024</b>				
Peter Allen	Newquay Road Runners	1:33:01	01:22:53	01:18:02
Helen Andreas		1:44:05		
Natalie Angel	Wadebridge Running Club	1:26:40		
Gail Aspden	Cornwall AC	1:12:30		
David Atkinson-Beaumont	Truro Running Club	1:12:14		
Ross Atkinson-Beaumont	Truro Running Club	1:10:38		
Adrian Ball	Cornwall AC	1:03:17		
Dave Barker	Fremington Trailblazers	1:15:34	01:14:51	
Claire Barlow	Bodmin Running Club	1:47:09		01:37:26
Si Barnett		1:25:10		
Jo Biederman	Fremington Trailblazers	1:20:03		
Adam Blacher	Launceston Road Runners	1:22:55	01:29:18	01:24:16
Neil Blonden	Bodmin Running Club	1:21:55		
Ian Blythe	Bradworthy Runners	1:08:31	01:05:58	01:06:59
Robert Bolitho	Falmouth Running Club	1:51:39		
Jenny Bowden	Newquay Road Runners	2:00:33		
Karina Bowers	St Austell Running Club	1:24:24		
Peter Brocklehurst	St Austell Athletes Running Club	1:21:00	01:19:56	
Lorraine Brown	Truro Running Club	1:35:13		01:37:05
Emma Burford	Perran Trail Runners	1:46:06		
Ross Buscombe	St Austell Running Club	1:13:57		
Jeffrey Butler	North Devon RRC	1:17:52		
Kate Callaghan	Truro Running Club	1:46:39		
Jago Cann		1:33:33		
Joanne Cauchi	Carn Runners	2:17:03		
Sarah Choak	Carn Runners	2:08:11		
Julian Chromczak		1:26:31		
Phillip Ciano	Perran Trail Runners	1:17:25		
Chloe Constantine	Bude Rats (Run and Tri)	1:11:14	01:10:49	
Dave Cook	Bude Rats (Run and Tri)	1:28:36		
Alison Cox	Bodmin Women's Running Club	1:55:28		
Clive Cox	Bodmin Running Club	1:30:12		
Daniel Cox	Bodmin Running Club	1:10:34		
Morgan Craig	Bude Rats (Run and Tri)	0:57:48	01:01:36	
Bella Crawford		1:59:07		
Laura-Mae Cunningham		1:23:18		
Ian Curnow	Hayle Runners	1:06:49	01:05:23	
James Danks	Falmouth Running Club	1:37:50	01:34:01	
Adam Davie	North Devon RRC	1:29:48		01:24:06
Ashley Davies	Bodmin Running Club	1:34:30		
Clive Davis		1:33:28	01:30:04	01:31:31
Luke Day	Ilfracombe Running Club	1:05:36	01:05:40	01:06:08
James Dean	Bude Rats (Run and Tri)	1:17:48		
Linda Derry	Truro Running Club	1:23:34		

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Name	Club	Time 2024	Time 2023	Time 2022
Nat Dowling	St Austell Running Club	1:16:59		
Mike Dowrick	Cornwall AC	1:05:34	01:06:07	01:06:50
Peter Drew	Carn Runners	1:53:36		
Lou Duffield	Vegan Runners UK	1:35:50		
Michelle Dunn	St Austell Running Club	1:55:04		
Jon Eldon	Hayle Runners	1:09:10	01:13:00	
Nicola Emmett	Bude Rats (Run and Tri)	1:31:00		01:30:57
Des Evans	Newquay Road Runners	1:49:24	02:03:49	01:34:37
Andrew Ferguson	Truro Running Club	1:28:27		
Miranda Flannigan	Perran Trail Runners	1:25:35		
James Forbes	Perran Trail Runners	1:22:58		
Jennifer Forbes	Hayle Runners	1:31:14	01:22:25	
Jack Gale		1:08:32		
David Gayton		1:45:43		
Liz Gayton		1:45:45		
Karen Gear		1:30:56		
Ellen Gibson	Bodmin Running Club	1:28:58		
Daniel Gittins	Perran Trail Runners	1:10:20		
Ian Gooding	Bideford AAC	0:58:14		
Katy Greenhalgh	Wadebridge Running Club	1:40:36		
Ian Grimes	Launceston Road Runners	1:34:43	01:42:24	
Marlene Grobler	Carn Runners	1:57:42		01:22:40
Emma Hayes		1:41:49		
Elaine Hill	Launceston Road Runners	1:54:26	01:55:24	
Ben Hockridge	Bude Rats (Run and Tri)	1:12:03		
Paul Houlden	Panvac	1:05:36		
Dan Howes	St Austell Athletes Running Club	1:02:03		
Steve Hudson		1:08:59		
Robert Ireton		1:19:46		
Brett Jackson	St Austell Running Club	1:07:52	01:09:07	01:03:36
Victoria Jackson	Truro Running Club	1:19:53	01:16:18	
Ellie Jameson	Perran Trail Runners	1:10:55		
Judy Jameson	Carn Runners	2:03:32		
Paul Johnson	St Austell Running Club	1:03:30		
Jennifer Kempthorne	Wadebridge Running Club	1:33:45		
Henry Kennaway	Truro Running Club	1:02:58		
Chris Kent		1:19:52		
Tristan Lang	Truro Running Club	1:29:22		
Nick Lapham	Bideford AAC	0:57:16		
Amanda Lawry	Carn Runners	1:57:43		
Josie Lewis		1:11:40		
Alex Marples	Truro Running Club	0:57:58		00:57:39
Sean Marsh	Perran Trail Runners	1:01:48		
George McCallum	Weston Athletic Club	1:09:57		
Steve Menear	St Austell Running Club	1:30:21	01:34:53	

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Name	Club	Time 2024	Time 2023	Time 2022
Helen Morse	East Cornwall Harriers	1:13:55		01:10:17
Lois Munkanta		1:57:37		
Kayleigh Neilson	Perran Trail Runners	1:56:10		
Mark Newson	Honiton RC	1:17:09		01:14:43
Meeta Nicholls	East Cornwall Harriers	1:28:13	01:25:57	01:22:49
Melanie Nile	St Austell Running Club	1:42:58		
Danny O'Shea	Truro Running Club	1:17:07		
Liam O'Neill	Hayle Runners	0:59:13		
Simon Oliver	Ilfracombe Running Club	1:23:22	01:23:42	
Ian Page		1:30:58		
Karen Parker	Falmouth Running Club	1:43:36	01:44:22	
Lee Parton	Bude Rats (Run and Tri)	1:21:38		
Laura Peel	Blackwater Valley Runners	1:42:52		
Rachel Penn	Bude Rats (Run and Tri)	1:55:54		
Elliott Perrin	Royal Navy	1:21:28		
Liz Perry		1:46:42	01:51:54	
Rob Petrie	Bude Rats (Run and Tri)	1:38:57	01:37:28	
Matt Phillips	St Austell Running Club	1:26:00		
Darrin Porter	Cornwall AC	1:03:51		
Lawrence Porter		1:03:10		
Arlene Powell		1:34:47		
Jason Price		1:42:47		
Justin Rabett	Saint Edmund Pacers	1:22:40		
Anita Rayer		2:02:26	01:56:42	02:01:13
Cal Reeve		1:10:26		
Steve Reynolds	Truro Running Club	0:52:31	00:55:17	00:54:44
Gary Richards	Truro Running Club	1:09:32		01:08:19
Sarah Richardson	Bradworthy Runners	1:43:06		
Barnaby Ridge		1:15:34		
Ian Ringer		1:50:20		
Ben Rogers	Bude Rats (Run and Tri)	1:30:06		01:18:33
Natalie Rogers		2:15:16		
Amelia Rowe		1:47:07		
Jeremy Rowe	Just Jog Bideford	1:11:31		
Rhona Rowe	Just Jog Bideford	1:47:08		
Sheila Rowell		1:42:40		
Andy Russell	Deal Tri Club	1:30:45		
Sally Russell	Deal Tri Club	1:31:58		
Nicholas Saunders		1:26:31		
Jenny Saunter	Bodmin Women's Running Club	1:55:30		
Ashkan Soltani		1:43:49		
Hayley Stacey	East Cornwall Harriers	1:22:30	01:25:15	
David Starley	Launceston Road Runners	0:55:35		
Emma Stepto	Cornwall AC	1:09:15		
Debbie Stokes	Bradworthy Runners	2:03:18	01:57:08	02:01:23

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<b>Name</b>	<b>Club</b>	<b>Time 2024</b>	<b>Time 2023</b>	<b>Time 2022</b>
Andrew Swales		1:24:45		
Bridget Swales	Fremington Trailblazers	1:34:50		
Georgina Symons	St Austell Athletes Running Club	1:40:03		
Jasmine Tapp		1:30:32		
Sally Tapp	Ilfracombe Running Club	1:32:03	01:38:30	
Louise Thomas	Fremington Trailblazers	1:14:59		
Rebecca Thomas	Camelford Up and Running	2:11:28		
Joseph Thomson	Launceston Road Runners	1:01:29	01:08:32	01:12:17
Jeanette Toy	Carn Runners	2:17:04		
David Viney		1:54:11		
Elizabeth Viney		1:54:11	01:49:48	
Cat Wallman	Truro Running Club	1:37:01		
Lu Walsh	Okehampton RC	1:39:47	01:35:24	
Janet Watson	Carn Runners	1:51:58		01:49:23
Judith Wilkes	Falmouth Running Club	1:35:51		
Paula Wilkinson	Bude Rats (Run and Tri)	1:38:58	01:37:28	01:40:28
Lisa Wilson	Truro Running Club	1:29:17		
Michael Wilson	Truro Running Club	1:47:10		
Molly Winch		1:48:01		
Myra Winch		1:48:26		
Gemma Wotherspoon	Bodmin Women's Running Club	2:02:38		